

Senior
Shannon Murakami

Junior
Dylan Knight

UCLA

2010 CROSS COUNTRY



2010 WOMEN'S CROSS COUNTRY TEAM



Front Row (l-r): Melissa Skiba, Nicole Hood, Sierra Vega, Michelle Pittman, Whitney Blue, Kelsey Smith, Kristina Rivera, Katja Goldring.

Second Row (l-r): Tamara Purpura, Shelby Stegall, Amber Murakami, Caitlin Schmitt, Shannon Murakami, Kelcie Wiemann, Sadee Martinez, Meghan Marvin.

Third Row (l-r): Tiffany LaMar, Laura Sauvage, Rachel Butler, Allie Lopez, Taryn Pastoor, Zoe Pappas, Elle Sanders, Paisley Pettway.

Back Row (l-r): April McKinney, Josh Honrado, Johnny Gray, Forest Braden, Karen Costello

2010 BRUIN CROSS COUNTRY SCHEDULE

Saturday, September 4	at Fullerton Season Opener	Fullerton, CA
Saturday, September 18	at Aztec Invitational	San Diego, CA
Saturday, September 25	at Stanford Invitational	Palo Alto, CA
Friday, October 1	at Notre Dame Invitational	South Bend, IN
Saturday, October 16	at Pre-NCAA Invitational	Terre Haute, IN
	at Bronco Invitational	Santa Clara, CA
Saturday, October 23	at Titan Invitational	Fullerton, CA
Saturday, October 30	at Pac-10 Championships	Seattle, WA
Saturday, November 13	at NCAA West Regional	Springfield, OR
Monday, November 23	at NCAA Championships	Terre Haute, IN

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QUICK FACTS

Location.....	Los Angeles, CA
Athletics Phone.....	310-825-8669
Director of Athletics.....	Dan Guerrero
Associate AD.....	Glenn Toth
Faculty Athletic Rep.....	Don Morrison
Enrollment.....	37,500
Founded.....	1919
Colors.....	Blue & Gold
Nickname.....	Bruins
Conference.....	Pacific-10
Conference Phone.....	925-932-4411
National Affiliation.....	NCAA Division I
Head Women's Coach.....	Jeanette Bolden (UCLA '83)
Head Men's Coach.....	Mike Maynard (Azusa Pacific '86)
Co-Asst. Coach.....	Forest Braden (Boise State '07)
Co-Asst. Coach.....	Johnny Gray
Women's Volunteer Coach.....	Karen Costello (Humboldt State, '81)
Sports Information Director.....	Stephanie Sampson
SID Phone.....	310-206-4008
SID Email.....	ssampson@athletics.ucla.edu

David McDonald



Kelcie Wiemann



Sierra Vega



Nohe Lema



The UCLA Athletic Department wishes to express its gratitude to

Victoria Cook-Chapus

for making the first endowed women's track & field scholarship a reality.

For information on how you can endow a scholarship, call the UCLA Athletic Fund Office at 310/206-6533.



Credits

The 2010 UCLA Cross Country media guide was written, edited and designed by Stephanie Sampson. Photos are courtesy of ASUCLA Photography and Don Liebig, Kirby Lee, Alex Ryan and Geoff Thurner.



JEANETTE BOLDEN

Head Women's Coach

20th Season At UCLA/2nd Season Overseeing Cross Country UCLA '83

Jeanette Bolden enters her 18th year at the helm of the women's track and field program and her second season as head cross country coach. Bolden has led the Bruin women to incredible success during

her time as head track coach, helping guide the team to three NCAA titles in the process - the 2004 Outdoor title, and both the 2000 and 2001 Indoor crowns (the first women or men's indoor track and field titles in school history). In 2005, Bolden's team finished second at the NCAA Outdoor Championships with just five scoring competitors. In all, Bolden has been a part of five NCAA Championship teams, both as a coach and athlete. As a coach, she has guided Bruin sprinters, hurdlers and relay runners to over 50 All-American performances.

Bolden led the women to victory in the first two NCAA West Region Championships (2003 and 2004), and 10 Pac-10 titles in her 17 years of coaching. She has an amazing 73-2 dual meet record at UCLA, with 14 consecutive wins coming over archrival USC (streak napped in 2009). The Bruins were also the nation's top dual meet team on nine separate occasions.

In 2006, Bolden was given one of the highest honors of her career as she was named the U.S. Women's Head Coach for the 2008 Beijing Olympic Games. She was the first head coach in U.S. Olympic history to have won an Olympic medal as an athlete. Bolden led the American women to their third-highest medal haul in U.S. Olympic history (23), and most since the 1992 Barcelona Games. She also saw Dawn Harper (gold, 100mH), Sheena Johnson (bronze, 400mH) and Monique Henderson (gold, 4x400) have much success at the Games.

Last Season

In 2010 track, the women finished 25th in the team standings behind pole vaulters Tori Pena and Katy Viuf's third and fourth-place finish at the outdoor meet. The Bruins finished sixth at the conference meet and had four athletes and a relay compete at NCAAs. In indoor track, UCLA was fifth at MPSF and tied for 56th at Nationals.

The cross country team rebounded from a rough 2008 season, showing much improvement behind MVP Shannon Murakami, who competed at NCAAs as an individual. The women went from 10th in 2008 to seventh in the conference and from 17th to 11th in the West Region.

Standouts Under Bolden

Bolden has coached several of the top sprinters in NCAA history during her time at UCLA, most notably NCAA Champions Monique Henderson, Sheena Johnson and Nicole Leach.

In 2005, Henderson capped off her NCAA career with a win in the 400m at the NCAA Outdoor meet, the first individual title of her career. She blazed her way through the season, winning the Pac-10, West Region and NCAA titles in that event, ending her career with nine All-American honors. Her accomplishments helped her garner the Pac-10 and Mondo West Region Women's Athlete of the Year awards. She was also a finalist for the Honda Award, given annually to the nation's top female student-athlete. She ranked third in the country and 10th in the world that season. Henderson also won a gold medal as a member of the 4x400m relay squad that took first at the Athens Olympic Games in 2004 and the Beijing Olympic Games in 2008.

Johnson won two NCAA 400m hurdles titles during her time at UCLA, setting a collegiate record in her final year (52.95). She won three West Region titles and nine Pac-10 crowns (three on a relay and six individual) during her career and was a 15-time All-American. Johnson also competed at the Olympic Games in 2004, and just missed a medal, finishing fourth in the intermediate hurdles. In 2008, she earned the Silver Medal in the 400m hurdles.

During her career, Leach was made a name for herself on the collegiate, national and world scene as she won her first NCAA title during her sophomore season and was second in 2008. Leach concluded her collegiate career with her second NCAA 400m hurdles crown in 2009. She competed for the U.S. at the World Championships, advancing to the semifinal round before being eliminated and competed at the U.S. Olympic Trials in June of 2008.

Coaching Honors

Bolden's success in the coaching world have not gone unnoticed as she has been honored on several occasions for her work. She was named the U.S. Olympic Women's Team coach for the 2008 Beijing Olympic Games. In 2004, Bolden swept every women's collegiate coaching honor and was named "Coach of the Year" by the USTFCCA in the National, West Region and Pac-10 categories.

In December of 2010, Bolden will be inducted into the U.S. Track & Field/Cross Country Coaches Association Hall of Fame.

On February 13, 2004, Bolden was presented the prestigious C. Vivian Stringer Award, an accolade which is presented to a woman who has experienced outstanding achievement as a coach - exhibiting a high standard of propriety, imagination and innovation as a character builder in the tradition of great teacher-coaches.

She has also been named the USTCA West Region Women's Coach of the Year on nine occasions, as well as Pac-10 Women's Coach of the Year on 10 occasions.

Bolden has served on a number of NCAA and track and field boards, and has served as an assistant coach for the World Indoor and Outdoor Championships, and in 1998 was named the USOC Track & Field Developmental Coach of the Year. In 1994, she served as an assistant coach for the West squad at the Olympic Festival in St. Louis.

In 2006, Bolden served as the head coach for the 2006 World Cup, which was held in Greece.

Named UCLA Head Coach

At the end of the 1993 season, then-UCLA head coach Bob Kersee asked to be relieved of his head coaching duties and reassigned to the Bruin staff. There was only one logical choice to replace Kersee, and that was Bolden, an Olympic gold medal winner and All-American sprinter at UCLA. Bolden has just completed her second year as a Bruin assistant coach, specializing in the sprints and hurdles, when she was named head coach.

Athletic Accomplishments

As an athlete at the 1984 Summer Olympics in Los Angeles, Bolden earned a gold medal on the U.S. 400m relay team and placed fourth in the 100m. She was also a member of the 1980 U.S. Olympic team that did not compete in Moscow.

At UCLA from 1981-83, she was a five-time All-American. In 1982, she helped lead the Bruins to their first NCAA Outdoor championship, by placing second (11.12) in the 100m and running on UCLA's 400m relay that finished third (44.02). At the 1981 nationals, she placed third in the 100m (11.28) and ran on the Bruins' 400m (second, 44.49) and 800m medley (second, 1:37.41) relays. In 1983 (UCLA's second NCAA Outdoor team title), Bolden injured a hamstring before nationals and did not compete. On the all-time Bruin sprint charts, she is still tied for fourth in the 100m (11.16, with an 11.12w).

Throughout her track career, Bolden was considered one of the top female sprinters in the U.S. In 1986 she tied the then-world indoor record (6.54) in the 60y dash in the GTE/Times Indoor meet at The Forum and in 1983, she set the former 60y world record indoor mark (6.60) at the Dallas Times Herald Meet. She still holds the collegiate women's indoor mark in the 50m (6.13) and 50y. In 1985, Bolden ran the second leg on the American-record setting sprint medley relay (1:36.79).

Ranked No. 9 in the country in 1988, Bolden was trying to make her third straight U.S. Olympic team that year when she tore an Achilles tendon at the Trials, requiring surgery.

Away from the Coaching

She is executive director and coordinator of the Jeanette Bolden Asthma and Allergy Track Clinic; and a member of the Board of Directors for the Asthma and Allergy Foundation. Most recently, she was named a coordinator for the Marathon Kids Foundation at UCLA, an organization that the women's team is heavily involved in volunteering. Bolden and her family own the famous 27th Street Bakery in Los Angeles.

Bolden and her husband of 21 years, Al, have two children, twins Anthony and Kimberly, age 9.



MIKE MAYNARD

Head Men's Coach
Second Year
Azusa Pacific '86

Mike Maynard enters his second season as head coach for the men's team and throws coach for both the men's and women's squads. Prior to coming to UCLA, Maynard was head coach/throws coach at Boise State for the previous nine years.

In his first year with the Bruins, the men's cross country team sent one athlete to the NCAA Championships, Marco Anzures, and finished fifth at Pac-10s and seventh in the West Region. In outdoor track, the men finished tied for 52nd at the NCAA Outdoor Championships with five athletes earning All-America honors and were fifth at the Pac-10 meet. In indoor track, the men won the MPSF Championship crown and tied for 47th at Nationals.

In his nine years as the head coach at Boise State, Maynard led a program which produced several historic events - back-to-back (2004 and 2005) national championships by Gabe Wallin in the men's javelin, over 50 new school record performances and 30 All-American accolades. The Broncos enjoyed unprecedented success behind Maynard's direction.

During the 2009 season, the men's team won the WAC Indoor Championship, finished 27th at the NCAA Indoor Championships and 25th at the NCAA Outdoor Championships. The women's team placed 19th at the NCAA Indoor Championships.

The top individual highlight was Eleni Kafourou becoming the first female student-athlete at Boise State to win an NCAA National Championship (long jump). Along with Kafourou's national championship, Boise State earned a total of seven NCAA All-America awards in track and field last year.

Boise State also made its presence known at the national level with Maynard at the helm with four straight top 25 finishes for the men's team at the NCAA National Outdoor Championships. The Bronco men were 16th at the 2006 NCAA National Outdoor Championships, 14th in 2005, 15th in 2004 and 24th in 2003. In 2009, the Bronco men finished 25th at the NCAA Outdoor meet.

Maynard has also guided Bronco student-athletes to over 70 individual WAC Championships and over 90 marks on Boise State's all-time top three performance lists.

Maynard came to Boise State following an outstanding assistant coaching career at the University of Arizona. He was the associate head track and field coach for the Wildcat program for 13 years prior to joining the Broncos. While coaching at Arizona, Maynard guided 32 individual NCAA Division I All-Americans, including three NCAA National Champions.

Maynard's coaching resume also includes a two-year stint as the assistant strength and conditioning coach at Arizona, where he worked with the Wildcat football program as well as being responsible for the Arizona track and field, swimming and tennis teams. He began his collegiate coaching career at Mesa Community College (Ariz.) where he was the assistant track and field coach from 1982-84, and in 1987.

Maynard was also instrumental in bringing a world-class facility to Bronco Track & Field. During his first two years leading the Broncos, Maynard and Boise State were successful in purchasing a world championship caliber track and helped construct the building to put it in. The Mondo track was used by USA Track and Field and the Georgia Dome for the national indoor championships. The building is the Idaho Sports Center located in the Idaho Center complex in

Nampa, Idaho. The track was purchased with a \$250,000 cash gift from John Jackson, President of Jacksons Food Stores in Meridian, Idaho. Boise State has hosted several major meets, including six WAC Indoor Championships. The facility hosted its first national meet in 2005 with the USA Indoor Master's Championships. Boise State has submitted bids to host future NCAA Indoor National Championships.

Outside the collegiate world, Maynard has coached a World Champion, five different Olympians, a Pan American gold medalist, five USA Track and Field Champions and three American Junior Champions. One of Maynard's former athletes Tony Washington (1990-96), won the World Championship in the discus in 1999. Washington also won the gold medal in the discus at the 1991 Pan American Games along with five USA National Championships.

Maynard is currently an Executive Committee member of the United States Track Coaches Association and the NCAA Division I Track and Field Executive Committee. Maynard was also the head coach for the USA Track and Field team in its dual meet against Germany in 1996. He has served USA Track and Field as the Regional Decathlon Chairman, the United States Olympic Committee as an Elite Throws Clinician, and has been the lead throws clinician for the USA/Visa Decathlon team.

Maynard and his family reside in Valencia. His wife Dee, an RN, is a hospice nurse case manager for a non-profit. His daughter Allyson is a sophomore at College of the Canyons and his son Michael is a senior at West Ranch HS.

CROSS COUNTRY COACHES



FOREST BRADEN

Assistant Coach
Second Year
Boise State '07

Forest Braden enters his second year with the Bruins after having spent the 2008 season as a volunteer assistant with Gonzaga University. While at Gonzaga, Braden worked closely with standout distance coach Pat Tyson in recruiting and facilitating training sessions.

In Braden's first year with the Bruins, UCLA sent Marco Anzures and Shannon Murakami to compete at the NCAA Championships. The men also finished fifth at the Pac-10 meet and seventh at the Western Regional. The women were seventh in the Pac-10 and 11th at the regional.

Prior to his coaching stint at Gonzaga, Braden was a three-time All-American runner for coach Mike Maynard at Boise State from 2002-2007, earning accolades in indoor and outdoor track as well as cross country. He also won seven Western Athletic Conference titles as a Bronco.

Braden also ran for Team Indiana Elite for one year and placed in the top-10 in five USATF Championship meets.



JOHNNY GRAY

Assistant Coach
Second Year

Johnny Gray enters his second season as a member of the Bruin coaching staff. During his first year with the Bruins, UCLA sent two runners to the NCAA Championships (Shannon Murakami and Marco Anzures). The Bruin men finished fifth at Pac-10s and seventh at the regional, while the women were seventh at Pac-10s and 11th at the regional.

Gray comes to UCLA after having coached at Harvard-Westlake High School for the last few years where he coached the cross country team to the State meet for the first time in the program's history (placed 9th out of 26 teams). One of his athletes, Chris Cheng, was a state finalist in the 800m, dropping his personal-best in the 800m from 2:18.0 the previous year to 1:52.96 under Gray's coaching.

Gray also coached one of America's elite half-milers, Khadevis Robinson, to five USATF Championship titles.

No stranger to success as an athlete, Gray is a four-time Olympian having competed in the 1984, 1988, 1992 and 1996 Olympic Games. At the Barcelona Games, he earned a bronze medal in the 800m and won gold at the 1987 and 1999 PanAm Games. He received the U.S. Olympic Committee's Lifetime Achievement Award in 2007 and was a USATF Hall of Fame inductee in 2008. Gray is also a hall of fame inductee for Santa Monica College, Mt. SAC and Madison Square Garden/Melrose Games.

He also still holds the American Record in the out 800m (1:42.60) and indoor 800m (1:45.00), and set world records in the outdoor 600m (1:12.81) and indoor 1000yd (2:04.39).

Gray resides in Thousand Oaks with his wife Judy. They have three sons - Johnny Gray, III (27, a graduate of UOP and professional basketball player in Europe), Jared (25, a political science major at Cal State Northridge) and Jaylon, 12.



KAREN COSTELLO

Volunteer Women's Assistant Coach
First Year
Humboldt State '81

Karen Costello enters her first season as a volunteer coach with the women's team after having coached high school and community college athletes for the past 20 years. She coached in Salinas, CA at Notre Dame HS, Salinas HS and Hartnell Community College. While at Hartnell, her athletes won the West Coast Conference title and the Northern California Championship, helping her garner West Coast Conference Coach of the Year accolades.

As an athlete at Humboldt State University, Costello set four school records and was named to the All-Far Western Conference track team on two occasions. She also ran cross country for Hartnell College as a 31-year old mother of two and helped her team win the California Small College Championship in 1991 as the No. 1 runner. She held course records as well and earned All-WCC and All-NorCal team honors.

Costello is currently working on a Masters degree in Sports and Exercise Psychology from Argosy University. She earned her B.A. in Journalism in 1981 from Humboldt State. She has two children, A.J. who is a senior pre-med major at the University of San Diego and Alycia, a senior human performance major at USC. She resides in Malibu with her three dogs.



Women's Outlook

In 2009, the women's cross country team showed marked improvement from the 2008 campaign as **Shannon Murakami** led the Bruins in every race as UCLA's No. 1 runner. The team moved from 10th to seventh in the Pac-10 and 17th to 11th in the West Region. Murakami and a solid core group of returners coupled with the No. 4 distance recruiting class in the country (according to FloTrack) have the Bruins poised for another big year of improvement and higher finishes in the post-season.

Murakami returns for her final season with the Bruins after an impressive junior campaign in which she was UCLA's No. 1 runner in every single competition. With NCAA experience, Murakami will again look to lead the group throughout the year and run as one of the top women in the conference and region.

Kelcie Wiemann will also be racing in her senior season with the team. Last year she was consistently in the top five for the Bruins and was the No. 2 runner for UCLA at Regionals. She is looking to make another big jump in races this season.

Sadee Martinez enters her junior year with the team after having been a scoring member in every race in 2009. She will provide much needed depth throughout the long season.

Another junior, **Katja Goldring**, who was UCLA's No. 1 runner in 2008, returns after battling an iron deficiency in 2009 that hindered her results. She is a talented, hardworking athlete who is getting stronger by the week. Her return will be a boost to the team towards the championship portion of the season.

A talented crop of incoming freshmen will give the Bruins a plethora of athletes to choose from on race day. **Melissa Skiba, Sierra Vega, Amber Murakami, Nicole Hood** and **Meghan Marvin** highlight the No.

4 recruiting class in the country and all will compete this season.

Skiba was one of the top runners in California last year and is expected to contribute immediately. Vega ran neck and neck with Skiba during their senior seasons and should consistently break into UCLA's top five throughout the season. Murakami is the younger sister of Shannon and is a team player who knows how to win. Her attitude and experience will be key this year and beyond. Hood struggled with injuries during her senior year, but is a big talent who has a shot at running in UCLA's top seven all season long. Marvin could also step up and be a top seven athlete for the Bruins this year. She has lots of racing experience, including being a Footlocker finalist her sophomore year of high school.

Several other runners will contend for a spot in the top seven including returners **Taryn Pastoor** and **Allie Lopez** and freshmen **Kelsey Smith** and **Paisley Pettway**. The longer the distance the better for Pastoor who has had a great summer of training. She will provide much needed leadership for a young squad. Lopez is in her sophomore year and ran off of guts last season. She also had a solid summer of training and can only go up this year. Smith is a standout runner from Nevada who is still recovering from an injury she sustained during her senior track season. She will be behind coming in, but has the talent to run in UCLA's top five when at 100%. Pettway is one of the best 800m runners in the country and has the work ethic and toughness to move up and compete well at longer distances.

Men's Outlook

The men's team lost the talent and leadership of Marco Anzures, Alex Crabill and Marlon Patterson to graduation, so it's up to some solid returners and incoming freshmen to step up and help lead this team during the 2010 season. With just one senior on the squad, the Bruins will look to a young squad to compete on race day.

Jake Matthews returns for his final season with the cross country team after having redshirted in 2009. He was a member of the 2007 team that competed at the NCAA Championships and brings lots of racing experience to the team.

Juniors **Dylan Knight, Kent Morikawa, David McDonald** and **Spencer Knight** bring racing experience to the team. Dylan Knight is competing in his second cross country season with the Bruins and is coming off of a solid track season in which he ran 8:43 in the steeple. The team expects him to be one of the top runners in 2010. Morikawa redshirted the 2009 season, but showed his distance mettle in 2010 as he was a regional qualifier and Pac-10 finalist in the 10k. McDonald was a scoring member of the 2009 Pac-10 team that finished fifth overall and was a finalist in the steeplechase at Pac-10s. He could run anywhere from third through 10th for the Bruins and the team will count on his leadership and discipline to help lead a young squad. Spencer Knight was a consistent scorer for the Bruins last season and is an 8:53 steeplechaser. He is looking to step it up a notch this season.

Zack Torres was the top freshman for the Bruins last season and will look to carry on that success into his sophomore season. He was one of UCLA's top six runners in every race last year and is expected to continue to be in the mix in 2010.

Freshmen **Nohe Lema, Pablo Rosales, Philip MacQuitty, Daniel Rosales** and **Dustin Fay** will look to make an immediate impact on the team. Lema is expected to be a top five runner for the squad. Pablo Rosales was a Footlocker finalist with a 9:00 3200m. MacQuitty comes to UCLA with a 9:07 3200m, 4:12 mile and 1:52 800m and will also vie for one of the top seven spots on the team. Daniel Rosales is a very tough and gutsy runner with a 9:07 3200m. He will also battle for a spot in the top seven. Fay will also contend for a travel roster spot and brings a 9:04 3200m to the team.

Several others will work hard to contend for a spot in the top seven. Returning sophomore **Alec Govi** is a workhorse and willing to do what it takes to get the job done. His positive attitude does not go unnoticed. **Brett Walters** is a transfer from Colorado that was a Footlocker finalist in high school. **Amjed Aboukhadejeh** has good attitude and worth ethic which will be important to the team. **Jacob Wood** was a CA State finalist in the 3200m and will also look to contribute.

2010 ROSTERS

Women's Roster

Name	Ht.	Yr.	Hometown (High School)
Whitney Blue	5-4	Sr.	Costa Mesa, CA (Newport Harbor HS)
Rachel Butler	5-9	Fr.	Sugarland, TX (Clements HS)
Katja Goldring	5-1	Jr.	Los Angeles, CA (Hamilton HS)
Nicole Hood	5-3	Fr.	Walnut Creek, CA (Carondelet HS)
Tiffany LaMar	5-5	Fr.	Long Beach, CA (Paramount HS)
Allie Lopez	5-9	So.	Thousand Oaks, CA (Thousand Oaks HS)
Sadee Martinez	5-7	Jr.	Burbank, CA (John Burroughs HS)
Meghan Marvin	5-6	Fr.	Clovis, CA (Clovis HS)
Amber Murakami	5-8	Fr.	Saugus, CA (Saugus HS)
Shannon Murakami	5-7	Sr.	Saugus, CA (Saugus HS)
Zoe Pappas	5-8	Fr.	Mountain View, CA (Mountain View HS)
Taryn Pastoor	5-10	Jr.	Murrieta, CA (Murrieta Valley HS)
Paisley Pettway	5-3	Fr.	Long Beach, CA (Millikan HS)
Michelle Pittman	5-2	Fr.	Redondo Beach, CA (Redondo Union HS)
Tamara Purpura	5-7	Fr.	San Francisco, CA (Lowell HS)
Kristina Rivera	5-2	Fr.	San Jose, CA (Willow Glen HS)
Elle Sanders	5-10	Fr.	Santa Cruz, CA (Santa Cruz HS)
Laura Sauvage	5-8	Fr.	Seattle, WA (Seattle Prep)
Caitlin Schmitt	5-6	Fr.	Marin County, CA (Redwood HS)
Melissa Skiba	5-3	Fr.	Simi Valley, CA (Oak Park HS)
Kelsey Smith	5-6	Fr.	South Lake Tahoe, CA (South Tahoe HS)
Shelby Stegall	5-5	Fr.	Santa Ana, CA (Foothill HS)
Sierra Vega	5-3	Fr.	Tustin, CA (Chaparral HS/Foothill HS)
Kelcie Wiemann	5-7	RS-Sr.	Simi Valley, CA (Royal HS)

Pronunciation Guide

Katja Goldring - Cot-yuh
 Amber/Shannon Murakami - Mer-uh-kah-mee
 Zoe Pappas - Zoh-ee
 Taryn Pastoor - Pass-tour
 Elle Sanders - El-lee
 Lauren Sauvage - Suh-vahge
 Melissa Skiba - Skee-buh
 Shelby Stegall - Steh-gahl
 Kelcie Wiemann - Wee-min

Men's Roster

Name	Ht.	Wt.	Yr.	Hometown (HS)
Amjed Aboukhadijeh	5-11	138	Fr.	El Dorado Hills, CA (Oak Ridge HS)
Joel Ambo	5-5	115	Fr.	Bellevue, WA (Bellevue HS)
Mohammad Charara	5-11	140	Fr.	Buena Park, CA (Buena Park HS)
Sean Colaco	6-3	155	Fr.	Danville, CA (San Ramos Valley HS)
Scott Crawford	6-3	155	RS-Sr.	El Dorado Hills, CA (Oak Ridge HS)
Sam DeMello	6-1	155	Fr.	Thousand Oaks, CA (Westlake HS)
Dustin Fay	6-0	158	Fr.	Lake Arrowhead, CA (Rim of the World HS)
Alec Govi	6-0	154	So.	San Rafael, CA (Marin Catholic HS)
Marc Hausmaninger	6-0	135	RS-Jr.	Lake Forest, CA (El Toro HS)
Adam Kelly-Strong	5-9	128	Fr.	Roseville, CA (Jesuit HS)
Dylan Knight	5-8	132	RS-Jr.	Riverside, CA (La Sierra HS)
Spencer Knight	5-8	135	RS-Jr.	Riverside, CA (La Sierra HS)
Nohe Lema	6-4	170	Fr.	San Jose, CA (Willow Glen HS)
Philip MacQuitty	6-2	165	Fr.	Palo Alto, CA (Palo Alto HS)
Jake Matthews	6-0	150	RS-Sr.	Folsom, CA (Folsom HS)
David McDonald	5-11	155	Jr.	Murrieta, CA (Vista Murrieta HS)
Kent Morikawa	5-4	116	RS-Jr.	Torrance, CA (Torrance HS)
Steven Norton	5-10	140	RS-So.	Riverside, CA (La Sierra HS)
Cory Primm	5-10	140	RS-Jr.	Thousand Oaks, CA (Westlake HS)
Blake Ramos	5-10	130	Jr.	Sacramento, CA (Jesuit HS)
Jun Reichl	5-9	133	Jr.	Simi Valley, CA (Royal HS)
Alan Rios	6-0	150	Fr.	Morgan Hill, CA (Ann Sobrato HS)
Daniel Rosales	5-8	147	Fr.	Apple Valley, CA (Apple Valley HS)
Pable Rosales	5-5	128	Fr.	San Pedro, CA (San Pedro HS)
Jacob Senko	5-11	145	Fr.	Silverado, CA (El Toro HS)
Jonathan Simmons	5-9	143	RS-So.	Los Angeles, CA (Beverly Hills HS)
Zack Torres	5-5	125	So.	La Crescenta, CA (La Crescenta Valley HS)
Brett Walters	5-11	130	RS-Fr.	Victorville, CA (Sultana HS/U. of Colorado)
Jacob Wood	5-10	135	Fr.	San Diego, CA (Mt. Carmel HS)
Bisrat Zerehaimanot	6-0	150	RS-Fr.	Hayward, CA (Hayward HS)
Chase Zukerman	6-0	132	Fr.	Palos Verdes, CA (Palos Verdes HS)

Pronunciation Guide

Amjed Aboukhadijeh - Am-jed
 Ah-book-ah-dee-jay
 Sean Colaco - Coh-law-so
 Alec Govi - Go-vee
 Marc Hausmaninger - House-Man-in-ger
 Nohe Lema - No-uh Lee-muh
 Philip MacQuitty - Muh-quih-tee
 Jun Reichl - June Rye-kuhl
 Kent Morikawa - More-ee-kah-wah
 Chase Zukerman - Zuck-er-min
 Bisrat Zerehaimanot - Biz-rot
 Zee-reh-hye-muh-not



Whitney Blue

RS-Senior

5-4

Costa Mesa, CA

Newport Harbor HS/Arizona State

2009 Cross Country - Did not compete ...Athletic Director's Honor Roll.

Arizona State - Ran on the cross country team ...Was injured during the track and field season ... Maroon & Gold Scholar Athlete ... Pac-10 All-Academic honoree.

High School - Two-time Newport Harbor MVP in both track and cross country ... Team captain from 2004-2006 ... Three-time Daily Pilot Athlete of the Week ... Placed sixth in the 3200m at the 2005 CA State Meet ... 2005 Orange County champion in 3200m (set a meet record) ... 2005 Sea View League champion in the 1600m and 3200m ... Placed 10th at the 2005 Footlocker West meet ... Ran the No. 5 cross country mark in the nation in 2005 (also set a school record, 16:33) ... All-Orange County for cross country ... Two-time Sea View League MVP and champion for cross country ... 2004 runner-up in the CA State cross country meet ... Prep bests of 4:59.6 in the 1600m, 10:35.4 in the 3200m, 10:39.8 in the 2-mile and 16:33 in cross country.

Personal - Born December 6, 1987 in Long Beach, CA ... Daughter of Cathy Blue ... Sociology major.



Nicole Hood

Freshman

5-4

Walnut Creek, CA

Carondelet HS

High School - Earned four varsity letters in cross country and track at Carondelet HS ... Was a Wendy's High School Heisman State finalist ... State qualifier in the 1600m (4:52) and 3200m (10:41) in 2007 ... Placed fourth at the 2007 Div. II State meet in cross country (17:37) ... Set a Div. II record at the NCS Championships (17:08) ... 2007 League champion in cross country ... In 2006, placed 14th at the Div. II State Meet where her team won the state title and was the league champion ... Competed for the Pleasanton Heat in club track and won the USATF National Junior Olympics in 2004 in the midget division ... Also placed second in 2005 in the youth age group.

Personal - Born May 4, 1992 in Santa Clara, CA ... Daughter of Kenneth Hood and Patricia Zuppan-Hood ... Biophysics major.



Katja Goldring

Junior

5-1

Los Angeles, CA

Hamilton HS

2009 Cross Country - UCLA's No. 3 runner at the West Regional (69th, 23:31.94) and Pac-10s (46th, 21:29.90) ... No. 4 runner at the Cal Poly Invite (7th, 18:47.9) ... No. 2 runner at the Notre Dame Invite (74th, 17:46), Dave Murray Invite (6th, 17:18) and BYU Classic (8th, 18:44.5) ... Pac-10 All-Academic honorable mention ... Athletic Director's Honor Roll.

2008 Cross Country - Named Women's Team MVP ... UCLA's No. 1 runner at the UCI Invite (7th, 18:00.10), Stanford Invite (22nd, 22:02), Pre-NCAA Invite (51st, 21:21.5) and West Regional (73rd, 21:47.49) ... Big Wave Classic champion (14:37.50) ... No. 2 runner at Pac-10s (58th, 21:50.78).

High School - Three-year letterwinner in cross country ... Also earned one letter in track ... Placed 11th at the 2008 USATF Junior National Cross Country Championships ... LA City Section record-holder in cross country (17:06) ... Placed fourth at the 2006 CA State Meet in the 3200m (10:37).

Personal - Born August 11, 1990 in Montee, Switzerland ... Daughter of Joseph Almog and Noa Goldring ... Has one brother, Wushi ... Mathematics major.



Tiffany LaMar

Freshman

5-5

Long Beach, CA

Paramount HS

High School - Earned four varsity letters in track and two in cross country at Paramount HS ... Served as track team captain all four years of high school ... Three-time San Gabriel Valley League champion in the 800m and 4x400m relay ... Placed third in the 800m at the 2010 CA State Meet ... Broke the school record in the 800m (2:09) ... Also had prep bests of 26.7 in the 200m, 56.7 in the 400m and 5:10 in the mile.

Personal - Born March 15, 1992 ... Daughter of Rod LaMar and Sharon Beech ... Has one sister, Jennifer ... Related to track great Jesse Owens ... Undeclared major.



Allie Lopez

Sophomore

5-9

Thousand Oaks, CA

Thousand Oaks HS

2009 Cross Country - Competed at the West Regional (162nd, 24:17.54), Pac-10s (81st, 23:13.74), Cal Poly Invite (23rd, 20:48.3), Notre Dame Invite (172nd, 19:37.7) and Dave Murray Invite (32nd, 18:44).

High School - Four-year letterwinner and Scholar-Athlete in track and cross country ... 2009 and 2006 Most Valuable Athlete for her high school ... 2009 CIF finalist in the 800m, 1600m and 4x400m relay ... 2009 Marmonte League champion in the 800m and 4x400m relay ... Team captain for cross country in 2008 ... Received the Leadership Award and Outstanding Athlete Award in 2007 for her school ... 2006 CIF finalist in the 800m ... Named Cross Country Newcomer of the Year by the Daily News in 2005 ... 2005 Ventura League Cross Country Freshman of the Year ... Member of the 2005 CA Div. I state champion cross country team (14th as an individual) ... Three-time All-Marmonte League for track ... Prep bests of 2:17 in the 800m and 4:59 in the 1600m.

Personal - Born September 23, 1991 in Newport Beach, CA ... Daughter of David Lopez and Holly Henzell-Lopez ... Has one brother, Tommy ... Mother and grandfather attended UCLA ... Undeclared major.

MEET THE BRUIN WOMEN



Sadee Martinez

Junior

5-7

Burbank, CA

John Burroughs HS

2009 Cross Country - No. 5 runner for UCLA at the West Regional (126th, 23:29.19) and Pac-10s (62nd, 21:55.46) ... No. 2 runner at the Cal Poly Invite (5th, 18:43.9) ... No. 4 runner at the Notre Dame Invite (127th, 18:32) ... No. 5 runner at the Dave Murray Invite (22nd, 18:14) ... Placed 24th at the BYU Classic (19:36.4) ... Athletic Director's Honor Roll.

2008 Cross Country - No. 6 runner at West Regionals (119th, 22:22.06) ... No. 7 runner at Pac-10s (77th, 22:24.92) and the Pre-NCAA Invite (186th, 22:41.1) ... No. 6 runner at Stanford Invite (83rd, 23:12) ... No. 3 runner at Big Wave Classic (5th, 14:51.30) ... No. 4 runner at UCI Invite (20th, 18:39.90).

High School - Four-year letterwinner in track and cross country ... Also earned two letters in basketball ... Served as team captain for the 2007-2008 cross/track seasons ... 2007 all-state honoree in cross country ... First athlete from her school to qualify for the state meet in cross country ... All-league and All-CIF honoree in cross country and track and field ... Was the 2008 Pacific League champion in the 800m ... Team's Most Outstanding Performer for cross country in 2006 ... Named school's Most Outstanding Runner twice for track and field and once for cross country ... Prep bests of 2:18.98 in the 800m, 4:58.79 in the 1600m and 11:05.00 in the 3200m.

Personal - Born June 6, 1990 in Monterey Park, CA ... Daughter of Jesse and Rio Martinez ... Has no siblings ... Undeclared major.



Amber Murakami

Freshman

5-8

Saugus, CA

Saugus HS

High School - Earned four varsity letters in track and cross country at Saugus HS ... Helped her team capture four CA State cross country team titles, becoming the first female to do so in California history ... Team also won four CIF and league titles in cross country ... Member of the 2008 All-Area, All-CIF and All-State teams ... Finished in the individual top 25 at the CA State Cross Country meet every year of competition, with her highest finish being ninth in 2008 ... Served as team captain her senior year ... 2006 Daily News Newcomer of the Year ... Top times of 2:16 in the 800m, 5:00 in the 1600m, 10:47 in the 3200m and 17:40 in the 5000m.

Personal - Born March 26, 1992 in Torrance, CA ... Daughter of Stanley and Joy Murakami ... Sister Shannon is also a member of the UCLA cross country/track and field teams ... Pre-Political Science major.



Shannon Murakami

Senior

5-7

Saugus, CA

Saugus HS

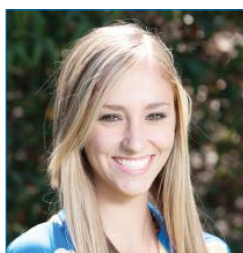
2009 Cross Country - Competed as an individual at the NCAA Championships (114th, 21:24.5) ... UCLA's No. 1 runner in every meet during the season ... Placed 13th at the West Regional to earn All-Region honors (21:19.91) ... Earned second-team All-Pac-10 honors with a 13th-place finish at Pac-10s (20:24.54) ... Cal Poly Invite champion (18:01.0) ... Finished 40th at the Notre Dame Invite (17:26) ... Placed third at the Dave Murray Invite (17:07) ... BYU Classic champion (17:59.2).

2008 Cross Country - No. 4 runner at West Regionals (87th, 21:59.01) and Pac-10s (68th, 22:08.37) ... No. 3 runner at Pre-NCAA (150th, 22:18.3) and UCI Invite (15th, 18:27.10) ... No. 2 runner at the Big Wave Classic (2nd, 14:39.89) and Stanford Invite (32nd, 22:21).

2007 Cross Country - Named Most Valuable Freshman ... Was UCLA's No. 2 runner at Pac-10s (40th, 21:26.4) and No. 4 runner at West Regionals (134th, 22:53.60) ... The top finisher for the Bruins at the Bill Dellinger Invite (44th, 21:21) and the Pepperdine Invite (11th, 21:07.32) ... USTFCCCA All-Academic team honoree.

High School - Four-year letterwoman in cross country and track ... High school team were the 2006 CA State cross country champs as she earned All-League, All-CIF and All-State honors as the captain ... Was the 2005 CA State cross country champion as her team placed sixth overall ... She also served as the team captain that year ... In track and field, won CIF and league titles in the 1600m and 3200m in 2007 ... Also won the 1600m CIF title and was third in state in that event in 2006 ... In 2005, was the 1600m and 3200m CIF champion ... In all, was a seven-time league champion and five-time CIF champion ... Prep bests of 2:10 in the 800m, 4:42 in the 1600m and 10:31 in the 3200m.

Personal - Born July 27, 1989 in Torrance, CA ... Daughter of Stanley and Joy Murakami ... Has one sister, Amber, a freshman on the UCLA cross country/track & field team ... Sociology major.



Meghan Marvin

Freshman

5-6

Clovis, CA

Clovis HS

High School - Earned four varsity letters in track and cross country and track and field at Clovis HS ... Earned all-league honors in cross country and track all four years of high school ... Three-time all-valley honoree for cross country and two-time honoree for track ... Set the school record in the 3200m and 5k ... Two-time team captain for cross country and 2009 track and field captain ... All-state honoree in 2007 ... Cross country team placed fourth at the 2006 CA State meet and won the Valley title ... Top times of 5:12 in the 1600m, 10:40 in the 3200m and 17:37 in the 5k.

Personal - Born December 26, 1991 in Clovis, CA ... Daughter of Rod and Judy Marvin ... Has one brother, Scott and two sisters, Brittany and Maddy ... English major.



Zoe Pappas

Freshman
5-8
Mountain View, CA
Mountain View HS

High School - Earned four varsity letters in track and cross country at Mountain View HS ... Four-time first-team all-league for cross country ... Served as team captain her senior year ... Team won the CCS title three of her four years at Mountain View ... Named Most Valuable Runner by her team ... Two-time league finalist.

Personal - Born July 28, 1992 in Seattle, WA ... Daughter of Stephen and Deborah Pappas ... Has one sister, Sarah ... Pre-Psychology major.



Michelle Pittman

Freshman
5-2
Redondo Beach, CA
Redondo Union HS

High School - Earned four varsity letters in cross country, three letters in swimming and one letter in track at Redondo Union HS ... 2009 Bay League runner-up in cross country ... Team placed third in 2009 at CA State Meet and sixth in 2008 ... Member of the Bay League champion track team in 2010.

Personal - Born July 21, 1992 in Los Angeles, CA ... Daughter of Joseph and Judith Pittman ... Has a younger brother, Maxwell ... Biology major.



Taryn Pastoor

Junior
5-7
Murrieta, CA
Murrieta Valley HS

2009 Cross Country - Competed at the West Regional (139th, 23:43.67), Pac-10s (85th, 25:31.2), Cal Poly Invite (18th, 19:39.5), Notre Dame Invite (155th, 18:57), Dave Murray Invite (35th, 18:54) and BYU Classic (32nd, 20:16.4) ... Athletic Director's Honor Roll ... Pac-10 All-Academic honorable mention.

2008 Cross Country - No. 7 runner at Pac-10s (23:05.6) and Pre-NCAA Invite (23:39.4) ... No. 6 runner at UCI Invite (18:55.80), Big Wave Classic (15:22.92) and Stanford Invite (24:17).

High School - Four-year letterwinner in cross country and track ... Three-time 3200m league champion and 2005 cross country league champion ... Two-time track team captain and also served as team captain for cross country in 2007 ... Two-time cross country MVP and three-time track distance MVP ... CIF finalist in the 3200m ... Four-time All-Riverside County first-team for cross country ... Two-time CA State meet participant in cross country ... Prep bests of 5:06 in the 1600m, 10:58 in the 3200m and 17:32 in the 5k.

Personal - Born September 24, 1990 in Murrieta, CA ... Daughter of Art and Jolene Pastoor ... Has two brothers, Connor and Kelton ... Pre-Political Science major.



Tamara Purpura

Freshman
5-7
San Francisco, CA
Lowell HS

High School - Earned four varsity letters in track and cross country at Lowell HS ... State meet competitor, placing fifth in the 800m in 2009 ... All-city selection ... Named Most Outstanding Distance Runner for 2007-2010 ... Two-time cross country MVP ... Three-time AAA Champion in cross country ... Four-time AAA champion in the 800m, 1600m and 4x400m relay ... Set the school record in the 800m and was on the record-breaking 4x400m relay.

Personal - Born July 14, 1992 in Ann Arbor, MI ... Daughter of Peter Hadianis and Judith Purpura ... Has three brothers - Michael, Matthew and Nicholas ... Environmental Science and Geography major.



Paisley Pettway

Freshman
5-3
Long Beach, CA
Millikan HS

High School - Earned four varsity letters in track and three letters in cross country at Millikan HS ... 2010 Millikan Female Athlete of the Year ... Three-time team captain ... Two-time CA State track meet finalist in the 800m ... Also was a two-time Arcadia Invitational finalist in the 800m ... Two-time first-team All-Moore league for both cross country and track ... NSIC Indoor All-American in the 800m (2:14.11) ... 2010 Moore League 800m champion ... 2010 USATF Junior National finalist in the 800m (6th) ... Ran a lifetime-best of 56.79 in the 400m at the USATF Youth Southern California Track and Field Championships ... Two-time Long Beach Press Telegram Dream Team honoree for cross country ... Also named to the Press Telegram's track Dream Team in 2009 ... Club team won the 4x400m at the 2009 Simplot Games ... Set the meet record in the 800m and ran on the meet record-breaking 4x400m at the Surf City Invite in 2009 ... Named 2009 Milesplit US first-team in indoor and outdoor track ... Holds the school record in the 1600m (5:04) ... Also has a top 800m time of 2:08 and a top 5k cross country time of 18:04.

Personal - Born October 11, 1992 in Lancaster, CA ... Daughter of Ken and Caroline Pettway ... Her father played college football at Cal and professionally in the Canadian Football League ... Pre-Psychology major.



Caitlin Schmitt

Freshman
5-6
Marin County, CA
Redwood HS

High School - Earned four varsity letters in cross country and track for Redwood HS ... Two-time MVP for her cross country team ... Also served as team captain for both track and cross country her senior year ... Was team captain for track her junior year ... 2009 First-team all-league for cross country ... High school team was MCAL champion on three occasions for track and field, including three undefeated seasons, as well as league champions in cross country in 2009 and 2007 ... Given 'Most Inclusive and Enthusiastic' award in 2008 ... Received 'Most Improved Athlete' award for her school in 2007 ... Top times of 11:41 in the 3200m and 19:05 on a cross country course.

Personal - Born July 9, 1992 in Marin County, CA ... Daughter of Thomas and Laura Schmitt, both of whom were runners for the Cal Bears ... Has one brother, Jake, who was an all-american distance runner for the University of Washington, and one sister, Meagan, who is a libero for the Cal Bears volleyball team ... Pre-Psychology major.

MEET THE BRUIN WOMEN



Melissa Skiba

Freshman
5-3
Simi Valley, CA
Oak Park HS

High School - Earned four varsity letters in cross country and track at Oak Park HS ... Named Oak Park HS Female Athlete of the Year and MVP in 2010 ... Also named MVP in 2009 ... Named Co-Athlete of the Year by the Ventura County Sports Hall of Fame in 2010 ... 2008 Oak Park Distance Runner of the Year ... Cross country team won four Tri-Valley league titles ... Cross country team were two-time CA State Meet runner-ups ... Nike cross country finalist in 2009 and 2009 ... 2009 All-American in cross country ... Track team won the CIF Div. III title in 2010 and were Tri-Valley co-league champions ... Won back-to-back CIF titles in the 3200m ... Won the 2009 3200m Masters crown ... All-Tri-Valley League in track and cross country ... Earned three all-state honors in cross country (runner-up in 2009) ... Two-time Tri-Valley league champion for cross country, and won two league titles in the 3200m and one in the 1600m ... 2008 Ventura Country Runner of the Year ... 2008 DyeStat Junior of the Year ... 2008 CIF champion and runner-up in 2009 ... 2006 Oak Park HS Rookie/Distance Runner of the Year ... 2007 Tri-Valley League Runner of the Year ... Holds all cross country and track and field records for Oak Park HS ... Has top times of 10:22 in the 3200m and 4:58 in the 1600m.

Personal - Born April 13, 1992 in Thousand Oaks, CA ... Daughter of Paul and Kathy Skiba ... Has an older sister, Kristina ... Undeclared major.



Sierra Vega

Freshman
5-3
Tustin, CA
Chapparal HS/Foothill HS

High School - Earned four varsity letters in cross country and track at Chaparral HS (2006-2008) and Foothill HS (2008-2010) ... Broke her mother's 29-year old school record in the 3200m at Foothill HS (10:23/also a Seaview League record) ... Placed ninth at the 2009 CA State Cross Country meet and was first at the CIF-SS Prelims ... Was the 2010 Seaview League champion in the 3200m, runner-up at the CIF-SS finals, third at the Masters Meet and fifth at the state meet (all-state honoree) ... 2009 Seaview League cross country champion ... Placed 10th in the CA State meet for cross country in 2008 and was 11th in 2007 ... 2008 Seaview League champion for cross country.

Personal - Born September 24, 1992 in Orange County, CA ... Daughter of Mario and Patience Vega ... Has one brother, Sebastian, and two sisters, Santanna and Sidonia ... Pre-History major.



Kelsey Smith

Freshman
5-6
South Lake Tahoe, CA
South Tahoe HS

High School - Four-year varsity letterwinner in track and cross country for South Tahoe HS ... Two-time team captain for cross country ... Four-time South Tahoe HS Most Valuable Runner ... Three-time Nevada state champion ... Three-time Gatorade Nevada Runner of the Year ... Three-time all-state academic honoree in track and cross country ... NIAA Top Ten Student-Athlete ... South Tahoe HS Female Athlete of the Year in 2010 ... Two-time Tahoe Daily Tribune Female Athlete of the Year ... Four-time Junior Olympic All-American ... Four-time first-team all-state ... In track, was a three-time Track Athlete of the Year for her high school ... Was the 2008 Nevada state champion in the 1600m and 3200m ... Also won a regional 1600m crown in 2008 ... Top times of 5:05 in the 1600m, 10:54 in the 3200m, 14:45 in the 4k, 16:55 in the three-mile, 18:11 in the 5k and 22:31 in the 6k.

Personal - Born November 5, 1991 in South Lake Tahoe, CA ... Daughter of Douglas and Valerie Smith ... Has one sister, Kira ... Microbiology, Immunology and Molecular Genetics major.



Kelcie Wiemann

RS-Senior
5-7
Simi Valley, CA
Royal HS

2009 Cross Country - No. 2 runner at West Regionals (32nd, 21:54.63) ... No. 4 runner at Pac-10s (61st, 21:55.28) ... No. 2 runner at the Cal Poly Invite (6th, 18:46.9) and BYU Classic (11th, 18:53.4) ... No. 4 runner at the Dave Murray Invite (18th, 17:59) ... No. 5 runner at the Notre Dame Invitational (151st, 18:54) ... Pac-10 All-Academic honorable mention ... Athletic Director's Honor Roll.

2008 Cross Country - Named Most Improved by the team ... No. 2 runner at West Regionals (84th, 21:56.43) ... No. 3 runner at Pac-10s (63rd, 21:56.56) ... No. 5 runner at Pre-NCAA Invite (167th, 22:29.6), Stanford Invite (57th, 22:49) and Big Wave Classic (10th, 15:07.02).

2007 Cross Country - Redshirt season.

2006 Cross Country - UCLA's No. 8 runner at the UCSD Triton Invitational (22nd, 23:56.2/6k) ... Placed 23rd at the UCLA/UCR Dual Meet (15:37/4k).

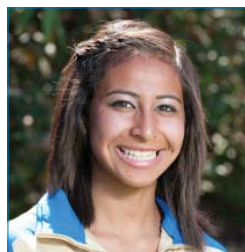
High School - Four-year letterwinner in track and cross country ... First-team All-Ventura County in cross country ... Two-time team captain ... Three-time First-team All-Marmonte League in track ... CIF finalist in the 3200m ... Prep bests of 11:11 in the 3200m and 18:47 in cross country (5k).

Personal - Born January 23, 1988 in Mission Hills, CA ... Daughter of Richard Wiemann and Bernadette Rivera ... Has one sister, Leah ... Psychology major.



Rachel Butler

Freshman :: 5-9
Sugar Land, TX
Clements HS



Kristina Rivera

Freshman :: 5-2
San Jose, CA
Willow Glen HS



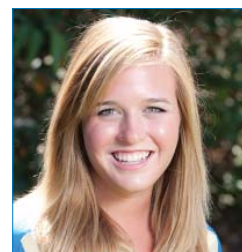
Elle Sanders

Freshman :: 5-10
Santa Cruz, CA
Santa Cruz HS



Laura Sauvage

Freshman :: 5-8
Seattle, WA
Seattle Prep



Shelby Stegall

Freshman :: 5-5
Santa Ana, CA
Foothill HS



Amjed Aboukhadeijeh

Freshman
5-11 :: 138
El Dorado Hills, CA
Oak Ridge HS

High School - Earned four varsity letters in cross country and three in track at Oak Ridge HS ... Three-time team captain for both cross country and track ... Three-time all-league, all-metro and all-state for cross country ... Also was a two-time all-city and All-NorCal honoree ... Earned All-American honors in cross country and track in Junior Olympic competition ... Three-time all-league and all-metro in track ... Named Oak Ridge HS's Athlete of the Year on four occasions ... Prep bests of 1:57.21 in the 800m, 4:19.97 in the 1600m, 9:14.47 in the 3200m and 15:17.60 in the 5000m ... His 3200m time broke the 18-year old school record ... Also set a school record on the cross country course (15:46) and anchored the 4x800m relay team to a school record of 8:02.

Personal - Born April 23, 1992 in Carmichael, CA ... Son of Hassan and Cindy Aboukhadijeh ... Has one brother, Feross ... Undeclared major.



Alec Govi

Sophomore
6-0 :: 154
San Rafael, CA
Marin Catholic HS

2009 Cross Country - Competed at the Cal Poly Invitational (15th, 28:20.3).

High School - Letterwinner in track, cross country and tennis ... Three-time cross country team MVP ... 2005 second-team all-league ... Three-time first-team all-league ... Two-time all-section honoree ... Placed 14th at the 2008 CA State Cross Country meet ... Was a three-time team captain ... Received the Coach's Award for track in 2009 ... Was all-league and a team captain for track in 2009 ... Was the #1 singles player for his tennis team in 2007 and 2008, earning MVP honors both years.

Personal - Born October 10, 1991 in Santa Rosa, CA ... Son of Jack and Kathleen Govi ... Has one sister, Megan ... Pre-Economics major.



Scott Crawford

RS-Senior
6-3 :: 155
El Dorado Hills, CA
Oak Ridge HS

2009 Cross Country - Competed at the BYU Classic (44th, 21:49.0) ... Athletic Director's Honor Roll.

2008 Cross Country - Competed at the UCI Invite and Stanford Invite.

2007 Cross Country - Finished 61st at both the Pepperdine Invite (27:20.64) and UCSD Invite (37:17.2).

2006 Cross Country - Redshirt season.

High School - Four-year varsity letterwinner in track and two-year letterwinner in cross country ... Two-time team captain for track and one-time captain for cross country ... 2006 Arcadia Invite 800m champion (pr'd by 4 seconds) ... CA State runner-up in the 800m (2006) ... SJC Section 800m Champion in 2006 ... SJC Section 1600m Champion in 2005 ... Five-time All-League selection in track and one-time All-League in cross country ... 2006 first-team All-Metro ... 2005 second-team All-Metro ... Two-time track team MVP ... School record holder in the 800m (1:51.60, # 14 on 2006 U.S. Prep List) and 1600m (4:11.78, No. 27 on 2006 U.S. Prep List) ... Top 400m time of 48.8.

Personal - Born January 29, 1988 in Sacramento, CA ... Son of Michael and Eileen Crawford ... Has one brother, Cale and one sister, Madelyn ... Business-Economics major.



Dylan Knight

RS-Junior
5-8 :: 132
Riverside, CA
La Sierra HS

2009 Cross Country - Did not compete.

2008 Cross Country - Did not compete.

2007 Cross Country - Placed fourth at the Pepperdine Invite (24:51.83), UCSD Invite (33:21.3) and Titan Invite (25:12).

High School - Four-year letterman in track and cross country ... High school team won the Nike Outdoor National DMR crown in 2007 ... Was All-State in cross country in 2006 with a fourth-place finish at the California State Meet ... Also earned All-State honors in track in 2006 (4th, mile) and 2007 (8th, mile) ... Was a three-time All-CIF honoree in the mile, winning the individual crown in 2006 ... Four-time league champion in the mile ... Was co-MVP for his team all four years of high school ... Set a school record in the two-mile event ... Prep bests of 1:53.1 in the 800m, 4:09.8 in the mile, 9:05 in the two-mile and 15:11 on the 5k course.

Personal - Born January 14, 1989 in Riverside, CA ... Son of Greg and Ann Knight ... Has a twin brother, Spencer, who is also on the Bruin cross country/track team ... History major.



Dustin Fay

Freshman
6-0 :: 158
Lake Arrowhead, CA
Rim of the World HS

High School - Earned four varsity letters in track and cross country at Rim of the World HS ... Three-time all-league honoree ... Three-time MVP ... Served as team captain for 2009-2010 ... Prep bests of 9:04 in the 3200m and 15:05 in the 5k ... Set school records in the 3200m, 5k and three-mile ... Competed at the USATF Junior Olympic Cross Country Nationals in 2007 and 2008.

Personal - Born July 7, 1992 in Lake Arrowhead, CA ... Son of Jeffrey Fay and Doreen Assumma-Fay ... Has two sisters, Meghan and Ariel ... Undeclared major.

MEET THE BRUIN MEN



Spencer Knight

RS-Junior
5-8 :: 135
Riverside, CA
La Sierra HS

2009 Cross Country - UCLA's No. 5 runner at the West Regional (75th, 32:29.92) ... No. 6 runner at Pac-10s (54th, 24:54.53) ... No. 5 runner at the Dave Murray Invite (16th, 21:58) and Notre Dame Invite (89th, 25:09) ... Placed 17th at the BYU Classic (20:43.0).

2008 Cross Country - Did not compete.

2007 Cross Country - Placed second at the Titan Invite (25:03) ... Was sixth at the Pepperdine Invite (24:59.3) and UCSD Invite (33:39.3).

High School - Four-year letterman in track and cross country ... First-team All-CIF in 2005 and 2006 for cross country ... Was third-team All-CIF in 2004 ... Named All-State first-team in 2006 and All-State second-team in 2005 ... Three-time All-league first-team and was league champion in 2006 for cross country ... In track, was a three-time All-CIF first-team honoree and two-time All-State first-team member ... Four-time league champion in the 3200m and was on a national champion distance medley relay team in 2007 ... Set a school record in the 1600m and a league record in the 3200m ... Prep bests of 4:09.58 in the 1600m, 9:07.11 in the 3200m and 14:44 in the three-mile.

Personal - Born January 14, 1989 in Riverside, CA ... Son of Greg and Ann Knight ... Has a twin brother, Dylan, who is also on the Bruin cross country/track team ... Art History major.



Philip MacQuitty

Freshman
6-2 :: 165
Palo Alto, CA
Palo Alto HS

High School - Earned four varsity letters in track and cross country at Palo Alto HS ... Two-time all-state honoree in cross country ... CCS Champion in cross country ... CCS champion in the 3200m ... Placed third in the 1500m at the 2010 CA State meet ... Won the Freshman Footlocker Race in 2006 ... Set school records in the 800m and mile ... Top times of 1:52 in the 800m, 4:12 in the 1600m and 9:07 in the 3200m.

Personal - Born September 19, 1991 in Palo Alto, CA ... Son of Jonathan MacQuitty and Laurie Hunter ... Has one older brother, Zander ... Pre-Business/Economics major.



Jake Matthews

RS-Senior
6-0 :: 150
Folsom, CA
Folsom HS

2009 Cross Country - Placed 61st at the Pac-10 Championships (25:17.94) ... No. 3 runner at the BYU Classic (10th, 20:21.1), Dave Murray Invite (7th, 21:35) and Notre Dame Invite (65th, 24:55).

2008 Cross Country - Did not compete.

2007 Cross Country - Placed 46th at the Pac-10 Championships (24:11.7) ... Was fifth at the Nevada Twilight in a time of 20:03 helping UCLA to its first team title of the season ... Pac-10 All-Academic Honorable Mention.

2006 Cross Country - Finished 235th at the NCAA Championships (34:30.6) ... At the West Region Championships, placed 78th (32:34.37) ... Ran under 25 minutes for the first time in the season as UCLA's No. 5 runner at the Pac-10 Championships (51st, 24:58.29).

High School - Letterwinner in track and cross country ... All-State in the 3200m in 2006 (6th) ... Two-time ('05, '06) San Joaquin Section Masters Champion in the 3200m ... Sacramento Area Male Track Athlete of the Year in 2005 ... Two-time CA State Meet participant ... All-State in 2004 (10th) and 2005 (5th) for cross country ... Three-time State Meet participant in cross country ... San Joaquin Section Champion in 2004 and 2005 in cross country ... Two-time Sacramento Bee All-Metro MVP ('04, '05) ... School record in the 1600m (4:17.8), 3200m (9:10.11, 49th on the 2006 U.S. Prep List) and 3000m (8:39.0) ... His 1600m and 3200m bests broke previous school records that were set in 1964 ... FootLocker West Regional Championships competitor (9th, 15:53.5k), earning 2nd-team All-Region honors ... Three-time USATF Junior Olympic Cross Country National Championships All-American.

Personal - Born April 4, 1988 in Ft. Leavenworth, KS ... Son of Jacob Matthews and Patricia Patterson ... Has one brother, Ben and one sister, Meghan ... Atmospheric, Oceanic and Environmental Sciences major.

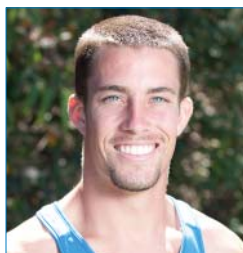


Nohe Lema

Freshman
6-4 :: 170
San Jose, CA
Willow Glen HS

High School - Earned three varsity letters in track and two in cross country at Willow Glen HS ... Two-time all-league, all-CIF and all-state in cross country ... 2009 Div. III CCS cross country champion ... Also won CCS track titles in the 1600m and 3200m in 2010 ... Fifth at the CCS cross country championships in 2008 and was seventh at the Div. III meet ... Was the only male athlete in school history to win a CCS title in cross country and in a track event ... Part of school record in the 4xmile.

Personal - Born December 3, 1990 in Mehele, Ethiopia ... Son of Tadesse Lema and Aden Haileselassie ... Has one brother, Amanuel ... Undeclared major.



David McDonald

Junior
5-11 :: 155
Murrieta, CA
Vista Murrieta HS

2009 Cross Country - Placed 92nd at the West Regional (32:58.12) ... Was 43rd at the Pac-10 Championships (24:34.67) ... No. 2 runner at the Cal Poly Invite (8th, 28:04.1) ... Finished 28th at the Dave Murray Invite (22:32).

2008 Cross Country - Named Newcomer of the Year by the team ... UCLA's No. 1 runner at the Stanford Invite (71st, 26:09) ... Also competed at the UCI Invite (41st, 26:52.10) and Dellinger Invite (65th, 26:08.55) ... No. 9 runner at Pac-10s (64th, 25:30.65).

High School - Four-year letterman in track ... Two-year letterman in cross country ... 2008 all-state honoree in cross country ... Received the Athletic Director's Award in 2008 ... 2007 All-CIF in cross country ... All-Riverside County Runner of the Year for 2007 cross country ... 2006 cross country league champion ... Freshman mile (4:41) and 3200m (10:32) school record-holder ... Also set the school record in the 3200m (9:23) in 2008 ... Played football and wrestled in high school.

Personal - Born April 23, 1990 in Mission Viejo, CA ... Son of James and LaRee McDonald ... Has three siblings - Christopher, Thomas and Jennifer ... Pre-History major.



Steve Norton

RS-Sophomore
5-10 :: 145
Riverside, CA
La Sierra H S

2009 Cross Country - Finished 17th at the Cal Poly Invite (28:46.5) ... Athletic Director's Honor Roll.

2008 Cross Country - Did not compete.

High School - Cross country team was three-time Ivy League champions ... Ran on the Nike Outdoor Championships winning DMR team in 2007 ... Ivy League champion for cross country in 2007, and also won league titles in the 1600m (2008) and 800m (2007, 2008) ... Top prep times of 49.3 in the 400m, 1:53.1 in the 800m, 4:17 in the 1600m and 14:43 on a 5k course.

Personal - Born May 1, 1990 in Riverside, CA ... Son of Mike and Karen Norton ... Has two brothers - Kevin and Philip ... Geology (Engineering) major.



Kent Morikawa

RS-Junior
5-4 :: 116
Torrance, CA
Torrance HS

2009 Cross Country - Did not compete.

2008 Cross Country - UCLA's No. 4 runner at NCAAs (209th, 31:55.6) ... No. 4 runner at West Regions (35th, 30:11.28) ... No. 3 runner at Pac-10s (22nd, 24:25.10) ... No. 4 runner at the UCI Invite (8th, 25:39.30).

2007 Cross Country - Named Newcomer of the Year ... Finished 10th at the Nevada Twilight (20:25) ... No. 2 runner at the UCSD Invite (3rd, 33:04.4) ... No. 4 runner at Pepperdine Invite (11th, 25:18.38) ... Finished 54th at Pac-10s (24:54.4).

High School - Four-year letterman in track and cross country ... Placed 34th at the 2006 Footlocker Cross Country National Championships after having finished seventh at the Footlocker Regional meet ... He was the first athlete from a South Bay school to qualify for the National meet ... Also placed third at the 2006 CA State meet in cross country ... Was also the CIF Southern Section champion for cross country in 2006 ... Placed fourth in the state meet and 19th at Footlocker Regionals in 2005 ... Was a three-time cross country and two-time track team MVP ... Served as a team captain for the track team his senior year ... Was All-State and All-CIF in 2006 and 2007 ... Daily Breeze All-Area and two-time Daily Breeze All-Area Runner of the Year ... Channel 3 City Cable Athlete of the Year (2007) ... Set the school record in the two-mile (9:06) ... Prep bests of 1:59 in the 800m, 4:17 in the 1600m, 14:39 in the three-mile and 15:03 in the 5k.

Personal - Born June 22, 1989 ... Son of Neal and Dawn Morikawa ... Has one sister, Macy ... Pre-Political Science major.



Cory Primm

RS-Junior
5-10 :: 140
Thousand Oaks, CA
Westlake HS

2009 Cross Country - Placed 16th at the Cal Poly Invite (28:30.0) ... Athletic Director's Honor Roll.

2008 Cross Country - Competed at the UCI Invite and Stanford Invite.

2007 Cross Country - Did not compete.

High School - Four-year letterman in track and three-year winner in cross country ... Track & Field News High School All-American and was 10th in the magazine's Boys Athlete of the Year ballot ... USA Today High School All-American ... The No. 1 800m prep runner in the U.S. in 2007 (1:48.63 and No. 2 in 2006 (1:50.53) ... Won the 2007 USATF Junior National, National Scholastic Outdoor, Arcadia Invite, Simplot Games (indoor) and Pasadena Games 800m crowns ... Was a two-time CA state, CIF-SS Masters, and CIF-SS Division II 800m champion ... Set a CIF-SS Division II 800m record and ranks eighth all-time on the California 800m list ... Was also a league champion on several different occasions ... Finished ninth in the 800m at the 2005 CA state meet ... Holds all four Westlake HS class records in the 800m and 1600m, and was a member for the record-setting 4x400m team (3:19.28) ... Prep bests of 48.52 in the 400m (46.6 split in a 4x400m relay), 1:48.63 in the 800m, 4:11.92 in the 1600m and 15:21 on a three-mile cross country course.

Personal - Born December 1, 1988 in New York City, NY ... Son of Campion and Sally Primm ... Has two sisters, Sarah and Shaida ... Philosophy major.

MEET THE BRUIN MEN



Jun Reichl

Junior

5-9 :: 133

Simi Valley, CA

Royal HS

2009 Cross Country - Did not compete ...Athletic Director's Honor Roll.

2008 Cross Country - Placed 68th at Pac-10s (25:46.43) ... Placed ninth at the Big Wave Classic (15:39.42) ... No. 3 runner at the UCI Invite, finishing seventh overall (25:37.90) ... Pac-10 All-Academic honorable mention.

2007 Cross Country - Ran at the Nevada Twilight, Pepperdine Invite, UCSD Invite and Fullerton Invite ...Athletic Director's Honor Roll.

High School - Two-year letterman in track and cross country ... Was a scorer for his school's cross country team that won a league and CIF-SS Championships, as well as finished second at the state meet and Nike Team Nationals in 2006 ... Was 10th at the CIF-SS Cross Country Championships as an individual in 2006 ... CIF-SS finalist in the 1600m in 2006 and 2007 ... Prep bests of 4:18 in the 1600m, 8:48 in the 3000m and 14:58 in the three-mile race.

Personal - Born August 8, 1989 in Sapporo, Japan ... Son of Philip and Hiromi Reichl ... Has one brother, Yen ... Neuroscience major.



Daniel Rosales

Freshman

5-8 :: 147

Apple Valley, CA

Apple Valley HS

High School - Earned four varsity letters in cross country, track and soccer for Apple Valley HS ... Named Senior Athlete of the Year in 2010 ... Earned USATF All-American honors in cross country from 2004-2008 ... Placed third in cross country at the state meet in 2008 and second in 2009 ... School record-holder in the 1600m and 3200m ... Two-time state qualifier in track ... Three-time Athlete of the Year honoree ... Three-time all-league and all-area in soccer ... Top times of 52.9 in the 400m, 2:00 in the 800m, 4:17.1 in the 1600m, 9:05.8 in the 3200m, 14:21 in the three-mile, 15:08 in the 5k and 6:08 in the 2000m steeplechase.

Personal - Born January 13, 1992 in Long Beach, CA ... Son of Andre and Gina Rosales ... Has three brothers and two sisters - Andrew, Joe, Hector, Eileen and Franceen ... Pre-Business/Economics major.



Pablo Rosales

Freshman

5-5 :: 128

San Pedro, CA

San Pedro HS

High School - Earned four varsity letters in cross country, three letters in track and one letter in soccer at San Pedro HS ... Four-time All-Area team for both the Daily Breeze and Press Telegram ... 2009 Athlete of the Year for both the Daily Breeze and Press Telegram ... Served as team captain for track, cross country and soccer ... School record-holder in the 3200m ... Also ran on his school's record-breaking 4x800m relay, 4xmile relay and DMR ... Set the South Bay Championship record.

Personal - Born July 19, 1992 in Torrance, CA ... Son of Guillermo and Norma Rosales ... Has two brothers, Alejandro and David, and five sisters, Maria Esther, Gaby, Nohemi, Dalia and Laura ... Pre-Psychobiology major.



Jordan Senko

Freshman

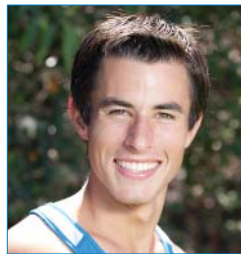
5-11 :: 145

Silverado, CA

El Toro HS

High School - Earned four varsity letters in cross country, three letters in track and one letter in soccer at El Toro HS ... 2009 cross country team captain ... Four-time all-county and all-league honoree for cross country ... Also earned all-CIF and all-state (was 14th in 2009) honors ... 2009 Runner of the Year in cross country ... Was all-league in the 800m, mile and two-mile in track ... 2010 Distance Athlete of the Year ... Named El Toro HS Athlete of the Year and Sea View League Athlete of the Year ... Helped the 4xmile to a school record ... Top times of 1:56 in the 800m, 4:15 in the mile, 9:18 in the two-mile and 14:36 in the three-mile.

Personal - Born September 26, 1991 in Orange, CA ... Son of Stephen and Lillian Senko ... Has two brothers, Peter and Quinton and one sister, Kendall ... Biology major.



Zack Torres

Sophomore

5-5 :: 125

La Crescenta, CA

Crescenta Valley HS

2009 Cross Country - Placed 76th at the West Regional (32:21.92) ... UCLA's No. 4 runner at Pac-10s (24:23.80), the Pre-National (138th, 25:33.5) and Notre Dame Invite (81st, 25:05) ... Also competed at the Dave Murray Invite (18th, 22:05) and BYU Classic (31st, 21:26.4) ... Athletic Director's Honor Roll.

High School - Varsity letterwinner in baseball (3), cross country (4) and track (4) ... One of the only high school athletes in America to run track and play baseball in the same season ... FootLocker All-American (15th-place) in cross country ... Two-time captain and All-State honoree for cross country ... Also was a four-time all-league runner in cross country ... In track, earned three all-league honors and was a two-time All-CIF athlete ... Wendy's Heisman Award state finalist and Gatorade Athlete of the Year nominee ... Top times of 4:13 in the 1600m, 9:02 in the 3200m and 15:10 on a 5k course ... Was the starting second baseman for his baseball team where he had no errors in league play or playoffs ... Was an FSN Sportsmanship Award winner.

Personal - Born November 5, 1990 ... Son of Phil (a former AAA pitcher for the Dodgers organization) and Robin Torres ... Has one brother and sister, Joe and Marina ... Undeclared major.



Brett Walters

RS-Freshman

5-11 :: 130

Victorville, CA

Sultana HS/U. of Colorado

Colorado - Redshirt season.

High School - Earned four varsity letters in cross country and three in track at Sultana HS ... Two-time All-CIF in cross country ... Placed third at the CA State cross country meet his senior year and was 11th his junior season ... Footlocker finalist (29th) ... Was seventh at the CA State Meet in the 3200m with a school record run of 9:06 ... Set a school record in the 5k (14:47).

Personal - Born September 24, 1992 in Fontana, CA ... Son of Kirk and Tracy Walters ... Art History major.



Jacob Wood

Freshman

6-2 :: 105

San Diego, CA

Mt. Carmel HS

High School - Earned three varsity letters in cross country and track at Mt. Carmel HS ... Three-time CA State Cross Country Meet competitor, finishing 24th in 2009 ... Led his team to the CIF-SD Div. II championship crown in 2008 ... Two-time San Diego Union-Tribune All-Academic honoree in cross country and track and field ... Three-time all-league honoree in cross country ... First-team All-CIF in 2008 and 2009 ... In track, was the team MVP in 2009 and Male Track Athlete of the Year in 2010 ... Led team to consecutive Valley League titles in 2009 and 2010 ... Two-time Valley League Track Athlete of the Year after winning back-to-back titles in the 1600m and 3200m in 2009 and 2010 ... Set a school record in the 3200m ... 2010 CA State meet qualifier in the 3200m after placing second at the CIF-SD meet ... Male Scholar Athlete of the Year for his high school ... Two-time recipient of the Outstanding Athlete Award for Mt. Carmel HS ... Top times of 1:56.7 in the 800m and 4:18 in the 1600m.

Personal - Born July 3, 1992 in San Diego, CA ... Son of Christopher and Elizabeth Wood ... Has a younger brother, Sean ... Aerospace Engineering major.



Joel Ambo

Freshman :: 5-5 :: 115
Bellevue, WA
Bellevue HS



Mohammad Charara

Freshman :: 5-11 :: 140
Buena Park, CA
Buena Park HS



Sean Colaco

Freshman :: 6-3 :: 155
Danville, CA
San Ramon Valley HS



Sam DeMello

Freshman :: 6-1 :: 155
Thousand Oaks, CA
Westlake HS



Marc Hausmaninger

RS-Junior :: 6-1 :: 150
Lake Forest, CA
El Toro HS



Adam Kelly-Strong

Freshman :: 5-9 :: 128
Roseville, CA
Jesuit HS



Blake Ramos

Junior :: 5-10 :: 130
Sacramento, CA
Jesuit HS



Alan Rios

Freshman :: 6-0 :: 150
Morgan Hill, CA
Ann Sobrato HS



Jonathan Simmons

RS-Sophomore :: 5-9 :: 143
Los Angeles, CA
Beverly Hills HS



Bisrat Zerehai-manot

RS-Freshman :: 6-0 :: 150
Hayward, CA
Hayward HS



Chase Zukerman

Freshman :: 6-0 :: 132
Palos Verdes, CA
Palos Verdes HS

2009 MEN'S MEET-BY-MEET RESULTS

BYU Autumn Classic - Sept. 5

UCLA Individual Results (76 runners)

5. Alex Crabill, 20:00.0
8. Marco Anzures, 20:16.3
10. Jake Matthews, 20:21.1
17. Spencer Knight, 20:43.0
18. Marlon Patterson, 20:46.1
20. Zack Torres, 20:57.5
31. Kevin Sullivan, 21:26.4
44. Scott Crawford, 21:49.0

Team Scores

1. BYU, 16
- 2. UCLA, 48**
3. Idaho State, 84
4. San Bernardino Valley College, 106

Dave Murray Invitational - Sept. 18

UCLA Individual Results (82 runners)

3. Marco Anzures, 21:11
4. Marlon Patterson, 21:12
7. Jake Matthews, 21:35
11. Alex Crabill, 21:45
16. Spencer Knight, 21:58
18. Zack Torres, 22:05
28. David McDonald, 22:32
35. Kevin Sullivan, 22:59
40. Danny Benson, 23:18

Team Scores

- 1. UCLA, 32**
2. Arizona, 54
3. Arizona State, 55
4. Paradise Valley College, 77
5. Pima CC, 166
6. Mesa CC, 191
7. Gateway CC, 195

Notre Dame Invitational - Oct. 2

UCLA Individual Results (180 runners)

17. Marlon Patterson, 24:14
20. Marco Anzures, 24:16
65. Jake Matthews, 24:55
81. Zack Torres, 25:05
89. Spencer Knight, 25:09
125. Kevin Sullivan, 25:39
162. David McDonald, 26:27

Team Scores (top 10 of 23)

1. Washington, 113
2. Providence, 120
3. Arizona State, 145
4. New Mexico, 152
5. Butler, 153
6. Florida State, 188
7. Tulsa, 234
8. Southern Illinois, 239
9. Utah State, 260
10. Princeton, 265
- 11. UCLA, 272**

Cal Poly Invitational - Oct. 17

UCLA Individual Results (40 runners)

5. Mohamed Abdalla, 27:16.7
8. David McDonald, 28:04.1
15. Alec Govi, 28:20.3
16. Cory Primm, 28:46.5
17. Steven Norton, 28:46.5
20. Martin Mwangi, 29:44.0

Team Scores

1. UC Irvine, 29
2. Cal Poly, 39
- 3. UCLA, 60**
4. Cal Poly Triathlon, 120

Pre-NCAA Invitational - Oct. 17

UCLA Individual Results (237 runners)

55. Marlon Patterson, 24:37.4
104. Marco Anzures, 25:10.6
107. Alex Crabill, 25:11.9
138. Zack Torres, 25:33.5
149. Jake Matthews, 25:43.4
193. Kevin Sullivan, 26:15.7
195. Spencer Knight, 26:17.8

Team Scores (top 5 of 35 teams)

1. Stanford, 47
2. Colorado, 130
3. BYU, 163
4. Portland, 211
5. Iona, 218.
- 23. UCLA, 553**

Pac-10 Championship - Oct. 30

UCLA Individual Results (67 runners)

9. Marco Anzures, 23:24.50 **
16. Marlon Patterson, 23:38.80
24. Alex Crabill, 23:55.88
36. Zack Torres, 24:23.80
43. David McDonald, 24:34.67
54. Spencer Knight, 24:54.53
61. Jake Matthews, 25:17.94
65. Kevin Sullivan, 25:45.79

** denotes All-Pac-10 2nd-Team honors

Team Results

1. Stanford, 28
2. Oregon, 45
3. Arizona State, 88
4. Washington, 119
- 5. UCLA, 122**
6. Washington State, 163.
7. California, 180
8. Arizona, 193

NCAA West Regional - Nov. 14

UCLA Individual Results (182 runners)

11. Marco Anzures, 30:59.48***
31. Marlon Patterson, 31:30.85
43. Mohamed Abdalla, 31:55.54
53. Alex Crabill, 32:01.36
74. Spencer Knight, 32:29.92
75. Zack Torres, 32:31.92
92. David McDonald, 32:58.12)

*** denotes All-West Region honors

Team Results (top 5 of 26 teams)

1. Stanford, 27
2. Portland, 84
3. Oregon, 109
4. Washington, 120
5. Cal Poly, 155
- Arizona State, 155
- 7. UCLA, 207**

NCAA Championship - Nov. 23

UCLA Individual Results (250 runners)

249. Marco Anzures, 35:10.1

Team Scores (top 5 of 35 teams)

1. Oklahoma State, 127
2. Oregon, 143
3. Alabama, 173
4. Northern Arizona, 190
5. William & Mary, 226

Cross Country Awards

TEAM AWARDS

Most Outstanding Runner

Marco Anzures

Most Inspirational Runner

Zack Torres

Most Improved Runner

David McDonald

Highest GPA

Marco Anzures

ALL-ACADEMIC PAC-10 HONOREES

Marco Anzures - second-team

Alex Crabill - second-team

Kevin Sullivan - honorable mention

USTFCCCA ALL-ACADEMIC HONOREE

Marco Anzures

2009 WOMEN'S MEET-BY-MEET RESULTS

BYU Autumn Classic - Sept. 5

UCLA Individual Results (40 runners)

1. Shannon Murakami, 17:59.2
8. Katja Goldring, 18:44.5
11. Kelcie Wiemann, 18:53.4
13. Heather Albier, 19:03.9
17. Rosa Magaña, 19:16.5
24. Sadee Martinez, 19:36.4
32. Taryn Pastoor, 20:16.4

Team Scores

1. BYU, 34
2. Idaho State, 41
3. **UCLA, 47**

Dave Murray Invitational - Sept. 18

UCLA Individual Results (70 runners)

3. Shannon Murakami, 17:06.00
6. Katja Goldring, 17:18.00
16. Heather Albier, 17:49.00
18. Kelcie Wiemann, 17:59.00
22. Sadee Martinez, 18:14.00
27. Rosa Magaña, 18:33.00
32. Allie Lopez, 18:44.00
35. Taryn Pastoor, 18:54.00

Team Scores

1. Arizona, 28
2. Arizona State, 41
3. **UCLA, 61**
4. Mesa CC, 126
5. Pima CC, 154
6. Paradise Valley, 164

Notre Dame Invitational - Oct. 2

UCLA Individual Results (178 runners)

40. Shannon Murakami, 17:26
74. Katja Goldring, 17:46
106. Rosa Magaña, 18:14
127. Sadee Martinez, 18:32
151. Kelcie Wiemann, 18:54
155. Taryn Pastoor, 18:57
157. Heather Albier, 18:59
172. Allie Lopez, 19:37

Team Scores (top 5 of 22 teams)

1. Washington, 33
2. Princeton, 68
3. Florida, 104
4. Penn State, 152
5. Arizona State, 170
17. **UCLA, 470**

Cal Poly Invitational - Oct. 17

UCLA Individual Results (48 runners)

1. Shannon Murakami, 18:01.0
5. Sadee Martinez, 18:43.9
6. Kelcie Wiemann, 18:46.9
7. Katja Goldring, 18:47.9
12. Rosa Magaña, 19:05.7
18. Taryn Pastoor, 19:39.5
23. Allie Lopez, 20:48.3

Team Scores

1. **UCLA, 31**
2. Cal Poly, 37
3. UC Irvine, 68
4. Cal Poly Alumni, 102
5. Cuesta College, 141

Pac-10 Championship - Oct. 30

UCLA Individual Results (87 total runners)

13. Shannon Murakami, 20:24.54 ***
 45. Rosa Magaña, 21:26.82
 46. Katja Goldring, 21:29.90
 61. Kelcie Wiemann, 21:55.28
 62. Sadee Martinez, 21:55.46
 81. Allie Lopez, 23:13.74
 85. Taryn Pastoor, 23:31.52
 86. Heather Albier, 23:34.55
 87. Shadeh Tabatabai, 25:08.25
- *** denotes All-Pac-10 Second-Team honoree

Team Results

1. Washington, 35
2. Oregon, 42
3. Arizona State, 110
4. Stanford, 111
5. California, 128
6. Arizona, 130
7. **UCLA, 207**
8. Oregon State, 239
9. USC, 250
10. Washington State, 251

NCAA West Regional - Nov. 14

UCLA Individual Results (184 runners)

13. Shannon Murakami, 21:19.91 ***
32. Kelcie Wiemann, 21:54.63
69. Katja Goldring, 22:31.94
98. Rosa Magaña, 22:56.83
126. Sadee Martinez, 23:19.19
139. Taryn Pastoor, 23:43.67
162. Allie Lopez, 24:17.45

*** denotes All-West Region honoree

Team Results (top 5 of 25 teams)

1. Washington, 25
2. Oregon, 66
3. Stanford, 94
4. Arizona State, 119
5. Arizona, 202
11. **UCLA, 321**

NCAA Championship - Nov. 23

UCLA Individual Results (254 runners)

114. Shannon Murakami, 21:24.5

Team Results (top 5 of 25 teams)

1. Villanova, 86
2. Florida State, 133
3. Washington, 188
4. Texas Tech, 191
5. Princeton, 251

Cross Country Awards

TEAM AWARDS

Most Outstanding Runner
Shannon Murakami

Most Inspirational Runner
Shannon Murakami

Most Improved Runner
Rosa Magaña

Highest GPA
Taryn Pastoor

ALL-ACADEMIC PAC-10 HONOREES

Katja Goldring - honorable mention
Rosa Magaña - honorable mention
Taryn Pastoor - honorable mention
Kelcie Wiemann - honorable mention

BRUINS IN THE POST-SEASON

NCAA TEAM APPEARANCES (13)

Women (13)*

Year	Finish	Coach
2004	27th	Eric Peterson
2003	7th	Eric Peterson
2002	25th(tie)	Eric Peterson
2001	21st	Eric Peterson
1999	30th	Eric Peterson
1998	28th	Eric Peterson
1988	13th	Bob Messina
1986	11th	Bob Messina
1985	6th	Bob Messina
1980	7th	Scott Chisam
1979	11th	Scott Chisam
1977	5th	Scott Chisam
1976	6th	Pat Connolly

*Women competed in the AIAW Championships until 1981.

Men (8)

Year	Finish	Coach
2008	26th	Eric Peterson
2006	24th	Eric Peterson
1985	12th	Bob Larsen
1983	20th	Bob Larsen
1982	9th	Bob Larsen
1981	5th	Bob Larsen
1980	5th	Bob Larsen
1979	15th	Bob Larsen

NCAA ALL-AMERICANS

Women (14)

Year	Athlete(s)
2005	Ashley Caldwell
2003	Ashley Caldwell, Valerie Flores, Melissa McBain
2002	Lena Nilsson
1994	Karen Hecox
1993	Beth Bartholomew, Karen Hecox
1986	Polly Plummer
1985	Polly Plummer
1981	Michelle Bush
1980	Linda Goen
1973	Julie Brown, Francie Larrieu

Men (18)

Year	Athlete(s)
2007	Austin Ramos
2005	Austin Ramos
2004	Jon Rankin
1998	Mark Hauser
1997	Meb Keflezighi (NCAA Champion)
1996	Meb Keflezighi
1995	Meb Keflezighi
1994	Meb Keflezighi
1985	Jon Butler
1982	Jon Butler, Steve McCormack
1981	Jon Butler, Dave Daniels, Steve McCormack
1980	Ron Cornell, Dave Daniels, Steve Ortiz
1979	Ron Cornell



Ashley Caldwell was a two-time All-American in cross country, earning honors in 2005 as an individual and in 2003 when the Bruin women competed as a team. That year, the women had three All-American honorees with Caldwell, Melissa McBain and Valerie Flores earning honors.



Austin Ramos was a two-time All-American for the Bruin cross country team, earning honors in 2005 and 2007 as an individual competitor. He was also an All-Conference and All-West Region honoree during his career.



In 2002, as a junior in cross country, Lena Nilsson earned All-American honors at the NCAA Championships (17th/20:10.0) and led the Bruins at the Pac-10 (3rd/20:01) and NCAA West Region (2nd/20:45) championships. In her Bruin career, Nilsson won the 2003 NCAA Indoor 800m, 2002 NCAA Outdoor 1500m, was the two-time (2002-03) Pac-10 Women's T & F Athlete of the Year and holds the school records in the 800m (2:02.26) and 1500m (4:07.69).

BRUIN ALL-AMERICANS

Ashley Caldwell - '03/'06



Valerie Flores - '03



Melissa McBain - '03



Lena Nilsson - '02



Karen Hecox - '93/'94



Beth Bartholemew- '93



Polly Plumber - '85/'86



Michelle Bush- '81



Linda Goen - '80



Julie Brown - '73



Francie Larrieu - '73



Austin Ramos - '05/'07



Jon Rankin - '04



Mark Hauser - '98



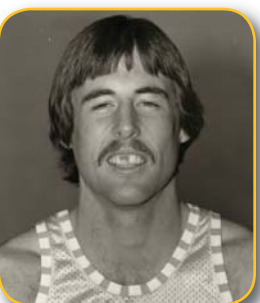
Meb Keflezighi - '94/'95/'96/'97



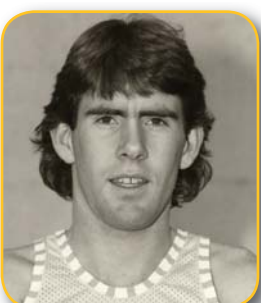
Jon Butler - '81/'82/'83



Steve McCormack - '81



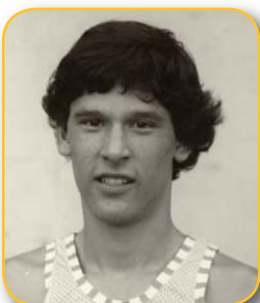
Dave Daniels - '81/'82



Steve Ortiz - '80



Ron Cornell - '79/'80



BRUINS IN THE POST-SEASON

WOMEN'S PAC-10 CONFERENCE CHAMPIONS

Year	Team Champion	UCLA Place	Individual Champion, School	Time
2009	Washington	7th	Nicole Blood, Oregon	19:41.71
2008	Washington	10th	Kendra Schaaf, Washington	19:24.05
2007	Stanford	10th	Arianna Lambie, Stanford	19:40.7
2006	Stanford	5th	Arianna Lambie, Stanford	20:15.09
2005	Stanford	6th	Arianna Lambie, Stanford	20:20
2004	Stanford	4th	Amy Hastings, Arizona State	20:19
2003	Stanford	3rd	Sara Bei, Stanford	21:12.1
2002	Stanford	4th	Sara Bei, Stanford	19:48
2001	Stanford	4th	Lauren Fleshman, Stanford	20:08.1
2000	Stanford	6th	Tara Chaplin, Arizona	20:10.67*
1999	Stanford	4th	Erin Sullivan, Stanford	17:01.5
1998	Stanford	8th	Amy Skiersz, Arizona	16:59
1997	Stanford	4th	Amy Skiersz, Arizona	16:40
1996	Stanford	4th	Amy Skiersz, Arizona	16:36
1995	Oregon	5th	Amy Skiersz, Arizona	16:45
1994	Stanford	5th	Karen Hecox, UCLA	17:00
1993	Stanford	3rd	Karen Hecox, UCLA	16:43
1992	Oregon	5th	Nicole Woodward, Oregon	16:51
1991	Oregon	4th	Lisa Karnopp, Oregon	16:48
1990	Oregon	5th	Liz Wilson, Oregon	16:52
1989	Washington	4th	Jen Robinson, Washington State	16:53
1988	Oregon	2nd	Liz Wilson, Oregon	17:06
1987	Oregon	2nd	Annette Hand, Oregon	16:44
1986	Oregon	2nd	Penny Graves, Oregon	16:51.7

*In 2000, the race became 6,000m; from 1986-99, it was 5,000m.

MEN'S PAC-10 CONFERENCE CHAMPIONS

Year	Team Champion	UCLA Place	Individual Champion, School	Time
2009	Stanford	5th	Chris Derrick, Stanford	22:35.41
2008	Oregon	5th	Galen Rupp, Oregon	22:55.14
2007	Oregon	4th	Shadrack Kiptoo-Biwott, Oregon	22:54.9
2006	Oregon	5th	Galen Rupp, Oregon	23:03.12
2005	Stanford	7th	Robert Cheseret, Arizona	23:57
2004	Stanford	5th	Robert Cheseret, Arizona	23:48
2003	Stanford	7th	Ian Dobson, Stanford	24:33.9
2002	Stanford	8th	Grant Robinson, Stanford	23:27
2001	Stanford	6th	Grant Robison, Stanford	24:04.0
2000	Stanford	6th	Jonathon Riley, Stanford	23:39.59
1999	Arizona	7th	Steve Fein, Oregon	23:37
1998	Stanford	8th	Abdi Abdirahman, Arizona	23:23
1997	Stanford	4th	Bernard Lagat, Washington State	23:59
1996	Stanford	3rd	Meb Keflezighi, UCLA	23:45
1995	Oregon	5th	Karl Keska, Oregon	24:14
1994	Arizona	4th	Martin Keino, Arizona	24:04
1993	Washington	4th	Joe Kapkory, Washington State	23:38
1992	Oregon	3rd	Joe Kapkory, Washington State	23:46
1991	Arizona	7th	Coltin Dalton, Oregon	23:36
1990	Oregon	5th	Marc Davis, Arizona	23:44
1989	Oregon	7th	Marc Davis, Arizona	23:31
1988	Oregon	3rd	Brad Hudson, Oregon	30:47
1987	Arizona	5th	Matt Giusto, Arizona	30:33
1986	Arizona	6th	Aaron Ramirez, Arizona	30:23.7
1985	Stanford	3rd	Marc Olesen, Stanford	30:33.2
1984	Arizona	3rd	Tom Ansberry, Arizona	30:24.8
1983	Arizona	3rd	Jim Hill, Oregon	30:09.6
1982	Oregon	2nd	Jim Hill, Oregon	28:58
1981	UCLA	1st	Richard Tuwei, Washington State	30:55.9
1980	UCLA	1st	Ron Cornell, UCLA	30:26.5
1979	Oregon	3rd	Henry Rono, Washington State	29:07.2
1978	Oregon	7th	Henry Rono, Washington State	29:29.5
1977	Oregon	6th	Joel Cheruiyot, Washington State	29:34.8
1976	Oregon	6th	Henry Rono, Washington State	29:18
1975	Washington State	6th	Joshua Kimeto, Washington State	27:48.6*
1974	Washington State	7th	John Ngeno, Washington State	27:37.6*
1973	Oregon	7th	Steve Prefontaine, Oregon	28:05.4*
1972	Washington State	5th	John Ngeno, Washington State	29:12.4*
1971	Washington State	3rd	Steve Prefontaine, Oregon	29:56.6*
1970	Oregon	6th	Steve Prefontaine, Oregon	30:11.7*
1969	Oregon	5th	Gerry Lindgren, Washington State	28:32.4*

*indicates a six-mile course

In 1976, the race became 10,000m. In 1989, the race became 8,000m



In her UCLA career under Eric Peterson, Karen Hecox Candaele was the two-time (1994-93) Pac-10 Female Cross Country Athlete of the Year and won the 1994 NCAA Outdoor 3000m.

BRUINS IN THE POST-SEASON

WOMEN'S WEST REGIONS CHAMPIONS

Year	Team Champion	UCLA Place	Individual Champion, School
2009	Washington	11th	Kendra Schaaf, Washington
2008	Washington	17th	Alex Kosinski, Oregon
2007	Stanford	23rd	Teresa McWalters, Stanford
2006	Stanford	5th	Arianna Lambie, Stanford
2005	Stanford	5th	Arianna Lambie, Stanford
2004	Stanford	6th	Alicia Craig, Stanford
2003	Stanford	2nd	Alicia Craig, Stanford
2002	Stanford	3rd	Alicia Craig, Stanford
2001	Stanford	5th	Tara Chaplin, Arizona
2000	Stanford	8th	Lisa Aguilera, Arizona State
1999	Stanford	4th	Julia Stamps, Stanford
1998	Stanford	5th	Amy Skieresz, Arizona
1997	Stanford	5th	Amy Skieresz, Arizona
1996	Stanford	5th	Amy Skieresz, Arizona
1995	Oregon	5th	Amy Skieresz, Arizona
1994	Stanford		Milena Glusac, Oregon
1993	Arizona	3rd	Karen Hecox, UCLA
1992	Washington	5th	Louis Watson, Stanford
1991	Oregon	4th	Lucy Nusrula, Oregon
1990	Oregon	3rd	Buffy Rabbitt, UC Irvine
1989	Washington		Buffy Rabbitt, UC Irvine
1988	Oregon		Penny Graves, Oregon
1987	Oregon	2nd	Annette Hand, Oregon
1986	UCLA		Penny Graves, Oregon
1985	Oregon	3rd	Regina Jacobs, Stanford
1984	Stanford	4th	Regina Jacobs, Stanford
1983	Oregon		Kathy Hayes, Oregon
1982	Stanford	5th	Ceci Hopp, Stanford
1981	Oregon		Monica Joyce, San Diego State
1980	Oregon		Regina Joyce, Washington
1979	Oregon		Molly Morton, Oregon
1978	Oregon		Robin Baker, Oregon
1977	Oregon		Debbie Quatier, Seattle Pacific
1976	Oregon		Debbie Quatier, Seattle Pacific
1975	Seattle Pacific		Maureen Crowley, Simon Fraser

*In 2000, the race became 6,000m; from 1986-99, it was 5,000m.



In 2004, Jon Rankin led the Bruins, earning All-American honors at the NCAA Championships (39th, 31:49.8), All-Region honors at the West Region Championships (6th, 30:30) and All-Pac-10 honors at the Pac-10 Championships (5th, 24:31). In 2005 outdoor track, Rankin became the third Bruin all-time to run a sub-4 minute mile (3:57.89) and was the West Region and Pac-10 1500m Champion.

MEN'S WEST REGIONS CHAMPIONS

Year	Team Champion	UCLA Place	Individual Champion, School
2009	Stanford	7th	Chris Derrick, Stanford
2008	Oregon	6th	Galen Rupp, Oregon
2007	Oregon	7th	Galen Rupp, Oregon
2006	Oregon	6th	Neftalem Araia, Stanford
2005	Arizona	12th	Robert Cheseret, Stanford
2004	Stanford	4th	Ryan Hall, Stanford
2003	Stanford	7th	Ian Dobson, Stanford
2002	Stanford	8th	Donald Sage, Stanford
2001	Stanford	9th	Donald Sage, Stanford
2000	Stanford	7th	Jonathan Riley, Stanford
1999	Stanford	10th	Steve Fein, Oregon
1998	Stanford	9th	Abdi Abdirahman, Arizona
1997	Stanford	7th	Meb Keflezighi, UCLA
1996	Stanford	4th	Karl Kaska, Oregon
1995	Stanford	6th	Karl Kaska, Oregon
1994	Arizona		Martin Keino, Arizona
1993	Portland	8th	Joe Kapkory, Washington State
1992	Arizona	5th	Joe Kapkory, Washington State
1991	Arizona	8th	Joe Kapkory, Washington State
1990	Arizona	8th	Marc Davis, Arizona
1989	Oregon	9th	Brad Hudson, Oregon
1988	Oregon	4th	Marc Davis, Arizona
1987	Arizona	6th	Matt Giusto, Arizona
1986	Arizona		Matt Giusto, Arizona
1985	Arizona		Marc Olesen, Stanford
1984	Arizona		Tom Ansberry, Arizona
1983	Oregon		Jim Hill, Oregon
1982	Oregon		Jim Hill, Oregon
1981	UCLA		Richard Tuwei, Washington State
1980	UCLA		Ron Cornell, UCLA
1979	Oregon		Henry Rono, Washington State



During his UCLA career (1994-98), Mebrahtom Keflezighi won four NCAA individual distance championships, including the 1997 NCAA Cross Country title. Most recently, he won the silver medal at the Athens Olympics in the marathon with a time of 2:11.29 and was the first American male to medal in the marathon since 1976. Keflezighi is the American Record Holder in the 10,000m (27:13.98, 2001), a three-time USATF National Champion in the 10,000m, and two-time World Championships competitor. He also competed in the Sydney Olympic Games in the 10,000m where he finished 12th overall.

BRUINS ADMINISTRATORS & SUPPORT STAFF



DAN GUERRERO

Athletic Director :: UCLA '74 :: 9th Year

In his eight years as UCLA's Director of Athletics, Daniel G. Guerrero has boldly placed his imprint on the school's athletic program.

Guerrero is one of the most respected and talented administrators in all of inter-collegiate athletics. He is the current president of the Division I Athletic Directors Association. In addition, he is the first vice-president of the National Assn. of Collegiate Directors of Athletics (NACDA) and a member of the NACDA Executive Committee.

This past June, Guerrero completed a five-year term on the NCAA Division I Men's Basketball Committee. As the chair in 2009-10, he was involved with the negotiation of the new \$10.8 million, 14-year NCAA Men's Basketball Tournament television package as well as the decision to expand the Tournament to 68 teams.

In Guerrero's eight years as AD, he has clearly established a pattern of "image and substance" that few in his profession can match. UCLA stands as the No. 1 University in the nation for NCAA team championships (106) won, a number that continues to grow under his direction. In those eight years, UCLA teams have won 20 NCAA team titles (the highest total in the nation in that span) in 11 different sports, finished second 16 times and have had an additional 28 Top Five finishes (64 total). A staggering 152 teams (of 184 possible) have qualified for NCAA post-season competition and the football team has appeared in seven bowl games. The program has also won 45 conference championships in 15 different sports, produced over 400 All-Americans and featured four Honda Award winners, including the 2003-04 Collegiate Woman Athlete of the Year.

Furthermore, during the 2008 Summer Olympic Games in Beijing, China, 39 Bruins participated as athletes or coaches, representing the United States and nine other nations. They won 15 medals, including four gold.

In the last eight years, UCLA has finished second three times (2007-08, 2006-07 and 2005-06), third twice (2004-05 and 2003-04), fourth (2009-10), sixth (2002-03) and 16th (2008-09) in the race for the Leerfield Sports Directors' Cup.

This past year, UCLA placed fourth in competition for the Leerfield Cup and won its 11th NCAA Championship in softball and its sixth in women's gymnastics. The Bruins finished second in baseball and men's water polo, tied for third in women's soccer (seventh straight College Cup), fifth in women's water polo, tied for fifth in men's soccer and men's tennis, sixth in women's golf, tied for ninth in women's tennis, 12th in women's rowing, 16th in men's golf, tied for 17th in women's basketball and women's volleyball and 19th in women's swimming. UCLA also won three conference titles and two league post-season tournaments and the football team won the EagleBank Bowl.

Guerrero came to UCLA in 2002 from UC Irvine, where he had served as UCI's fifth Director of Athletics for 10 years. Prior to arriving at UC Irvine, he was the Athletic Director for five years at Cal State Dominguez Hills (1988-92). He received his Bachelor's degree from UCLA in 1974 and played second base in the Bruin baseball program for four years. Born on November 10, 1951 in Tucson, AZ, he is married to the former Anne Marie Aniello and they



GLENN TOTH

Associate Athletic Director :: UCLA '76

3rd Year (Overseeing Cross Country/Track & Field)

Glenn Toth, who has served the athletic department as an administrator for more than 30 years, enters his 14th year in charge of the UCLA men's and women's tennis programs. He is in his third year overseeing the men's volleyball team, the men's and women's cross-country teams, and the men's and women's track & field teams. In addition to his role as a sports supervisor, Toth has also seen duty as an assistant coach, and serves as a member of athletic director Dan Guerrero's senior staff.

A senior associate athletic director with a variety of responsibilities, Toth serves as the liaison with shoe and apparel sponsor adidas, having orchestrated both the original 1999 agreement and its renewal in 2005. adidas supplies all Bruin teams, and represents the department's most lucrative sponsorship. In addition, Toth was point person on the negotiation with International Sports Properties (ISP) which now handles the department's corporate relations, media rights, program printing, web page, ad sales, and sponsor promotions.

Toth also has administrative responsibility for the athletic equipment room which designs, outfits, and maintains all of the Bruins' uniforms, practice, and playing equipment. Sporting a staff of six full-time and additional part-time personnel, the equipment room has significant on-site capability, including laundry, mechanical repair, and custom fitting/tailoring.

In addition, the sports medicine area/athletic training room, which provides injury evaluation, treatment, rehabilitation, therapy, and nutritional services to over 700 student-athletes falls under Toth's supervision. UCLA sports medicine has 14 full-time employees, a student trainer program, and interfaces with UCLA medical personnel and physicians. Among the features of the sports medicine complex are hydrotherapy pools, physician's exam and treatment offices, and diagnostic ultrasound capability. Toth also supervises the speed, strength, and conditioning area and its six coaches.

Toth graduated from UCLA in 1976 with a degree in economics and was hired shortly thereafter by former athletic director J.D. Morgan to work in the events and travel office. From 1978-84, he supervised the management of home athletic events and team travel. In 1982, Toth handled the logistics of UCLA's move to the Rose Bowl and at the same time became the athletic department's first marketing director. Promoted to Associate Athletic Director in 1984, he was credited with several award-winning football marketing campaigns and the creation of the department's corporate relations program.

Toth lettered in golf at Tustin's Foothill High School where he graduated in 1972. He enjoys scuba diving, hiking, and mountaineering, and also serves as a Reserve Captain with the LA County Sheriff's Department, managing the Search and Recovery Dive Team. His golden retrievers are Misty and Dottie.

Key Athletic Department Staff



Leah Waller
Director of Operations



Stephanie Sampson
Sports Information



April McKinney
Staff Athletic Trainer



Josh Honrado
Student Athletic Trainer



Jon Fussell
Strength & Conditioning Coach



Becci Twombly
Nutritionist



Kyle Steve
Equipment Room



Joanne Suechika
Academic Advisor



Don Morrison
Faculty Athletic Rep



Michael Sondheimer
Associate A.D., Academic,
Admissions, Services



Jamie Armeson
Marketing/Promotions

2010 MEN'S CROSS COUNTRY TEAM



Front Row (l-r): Kent Morikawa, Adam Kelly-Strong, Amjed Aboukhadijeh, Jun Reichl, Alec Govi, Jake Matthews, Zack Torres, Joel Ambo.

Second Row (l-r): Jacob Wood, Pablo Rosales, Dustin Fay, David McDonald, Blake Ramos, Steve Norton, Marc Hausmaninger, Brett Walters, Spencer Knight.

Third Row (l-r): Cole Guerin, Chase Zukerman, Philip MacQuitty, Bisrat Zerehaimanot, Mohammad Charara, Alan Rios, Jordan Senko, Forest Braden.

Back Row (l-r): Josh Honrado, April McKinney, Sam DeMello, Scott Crawford, Dylan Knight, Sean Colaco, Nohe Lema, Johnny Gray.

UCLA Cross Country Training Locales



The UCLA cross country team has an abundant number of locations to train throughout the year:

Mammoth Lakes
Santa Monica Mountains
Santa Monica Beaches
Ocean Boulevard
Polo Field
Sullivan Canyon

